

NSIG HAPPENINGS

VOLUME: 40 ISSUE: 5



WEBSITE: aasolanonorth.org



MAY 2026



CHAIRPERSON'S MESSAGE

Hello all – Happy May!

I hope this message finds you well and in good spirits. April showers bring May flowers. Service keeps us involved and showing up even when we don't want to. It's a small price to pay for the life we get today. North Solano Intergroup has some exciting stuff happening. Did someone say service? Oh yes - we have lots of opportunities to serve!

The month of May means we have a holiday. You have somewhere to go around the clock at the Memorial Day Marathon Meetings being held at the Intergroup Office - 413 Williams St, Vacaville, CA - starting Saturday, May 23rd at 2 pm and running through Monday, May 25th at 3:30 pm. Meetings are an hour long and run with 30 minute breaks. Check the "Announcements and Events" tab on aasolanonorth.org and click on the flyer to sign up. You can also contact Amy R., our Marathon Meeting Coordinator. The Sobriety requirement for secretary is 3 months, and 6 months to chair. It's a great way to be of service. I love hearing the stories of those who regularly attend these meetings and how they help people stay sober during the holidays.

Next up is our Annual Summer BBQ. This is an extra special year as North Solano Intergroup is turning 40! The official flyer is out and should be circulating around your meetings. Allison S. is our Event Coordinator. She has already had a planning meeting and has her leads. That doesn't mean we don't still need help. Contact Allison if you want to get locked in. This year we are asking groups to donate a summer fun basket. Intergroup is providing nachos and hot dogs. Please bring sides and desserts to share. We are asking for a \$5 donation for entry. Our goal is always to break even. Costs have gone up, so there will be a donation jar at the entry table if you are able to contribute more. If your group does not want to do a basket for raffles, we are accepting donations in lieu of one. Just send your donation with your group name and note "Summer BBQ" so Kerry knows how to account for it. This is a family-fun event – games, kids' corner, face painting, watermelon-eating contest, and more! You don't want to miss this event on Saturday, June 27th from 11–3 at Peña Adobe.

An ADHOC committee has met twice already to rewrite all the Intergroup Board and Chair positions as well as the Bylaws. We are hoping to wrap this process up in the next few months. That being said, we will be opening up the Office

Manager position. This may seem too early to announce, but time flies when you're having fun. Summer is quickly approaching, then more holidays and events thereafter - next thing you know, it will be elections in November. All positions are rotating out, as well as the board members. Just putting it out there now. If you are interested in Intergroup, come check out a meeting: 3rd Wednesday of every month at 7 pm. Groups, please send your Delegates to report on your group and stay up to date on the happenings in our area.

If you enjoy the Happenings and have a desire to serve in this capacity, this position is open. Zoey is willing to train and show you the way. Reach out to her directly or email Nsighappenings@gmail.com.

Lastly, we are always in need of alternate desk volunteers at the Intergroup Office. Things happen, and those alternates often quickly turn into an actual need for specific days. The hours are Monday through Friday, 10 am–2 pm. We have some long-standing members willing to train you. One-year sobriety requirement. I look forward to seeing you around!

Your in service,
Corinne J, aka CJ

DISTRICT 90 DCMC REPORT

Step Five



In my recovery I have wanted to strive for adult conversation. Who knew this concept practiced would teach me how.

Concept V – The Right of Appeal

Throughout our structure, a traditional *Right of Appeal* ought to prevail, ensuring that minority opinions are heard and personal grievances receive careful consideration.

This Concept supports harmony and full participation by encouraging respectful communication grounded in spiritual principles. It reminds us that everyone has the right to voice their opinion, without fear of being judged or controlled. When we feel safe to share, we begin to understand that we are valued as equal partners, working toward unity rather than simple unanimity.

The Right of Appeal strengthens self-esteem. It teaches me that speaking my mind—quietly and respectfully—is just as important as knowing when to listen. Sometimes, keeping my opinion to myself is an act of humility; other times, sharing it is an act of courage. Both are essential. I must remain open to the idea that *you may be right*.

When I feel alone or in the minority, fear can make it difficult to be honest. This Concept encourages me to take care of myself and others by practicing honesty with compassion. It asks me to surrender character defects like defensiveness or the need to be right, and instead strive for a higher standard of communication.

Through this process, my patterns of behavior begin to change. I learn that I have an obligation not only to express what I think, but also to truly listen to what others have to say. In doing so, I grow—and I discover that I can learn just as much from others' opinions as I can from my own.

I am so grateful for these concepts and General Service for growing me into a woman I didn't even know I wanted to be.

We are holding our post-conference on May 16 at the Ulatis Community Center.

Our incredible Delegate will be there to share the outcome of our 2026 agenda topics. This is where you can witness the reason we have been able to continue saving lives like mine and yours for 90 years. You can even participate just by coming to experience how BIG the program that has saved our lives is. Join us because it won't be the same without you.

In LOVE and service,

debra lyn
DCMC District 90
Panel 75
HAPPY 24HRS

Recovery: Step Five

We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Unity: Tradition Five

"Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

Service: Concept Five

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

The Fifth Step Prayer

HIGHER POWER, THANK YOU FOR HELPING ME COMPLETE MY HOUSECLEANING. I CAN NOW LOOK THE WORLD IN THE EYE. I CAN BE ALONE AT PERFECT PEACE AND EASE. MY FEARS HAVE FALLEN FROM ME. I HAVE BEGUN TO FEEL YOUR NEARNESS. I HAVE BEGUN TO HAVE A SPIRITUAL EXPERIENCE. I FEEL I AM ON THE BROAD HIGHWAY, WALKING HAND IN HAND WITH THE SPIRIT OF THE UNIVERSE.

Step Five Promise

"ONCE WE HAVE TAKEN THIS STEP, WITHHOLDING NOTHING, WE ARE DELIGHTED. WE CAN LOOK THE WORLD IN THE EYE. WE CAN BE ALONE AT PERFECT PEACE AND EASE. OUR FEARS FALL FROM US. WE BEGIN TO FEEL THE NEARNESS OF OUR CREATOR. WE MAY HAVE HAD CERTAIN SPIRITUAL BELIEFS, BUT NOW WE BEGIN TO HAVE A SPIRITUAL EXPERIENCE. THE FEELING THAT THE DRINK PROBLEM HAS DISAPPEARED WILL OFTEN COME STRONGLY. WE FEEL WE ARE ON THE BROAD HIGHWAY, WALKING HAND IN HAND WITH THE SPIRIT OF THE UNIVERSE



NORTHERN SOLANO INTERGROUP
is Celebrating
SUMMER BBQ
40 YEARS OF SERVICE

SATURDAY JUNE 27
PENA ADOBE PARK
11 AM TO 3 PM

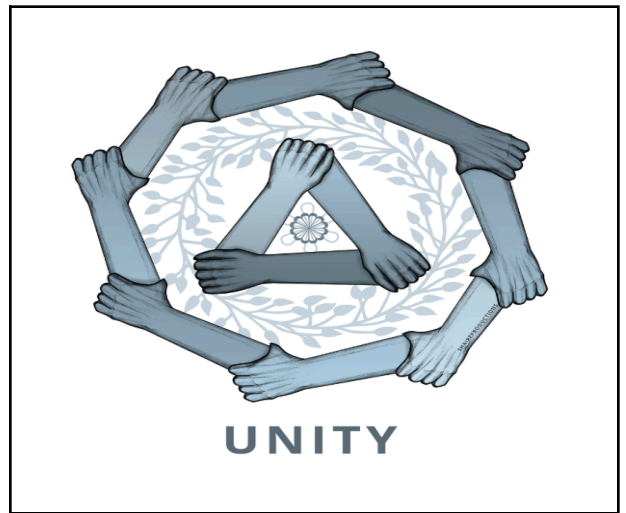
GAMES RAFFLE BASKETS AND FAMILY FUN!

BRING SIDES AND/OR A DESSERT TO SHARE

NACHO BAR AND HOTDOGS WILL BE PROVIDED

SUGGESTED \$5 DONATION

FOR MORE INFORMATION CONTACT
ALLISON S. - 707.716.5316



Alcoholics Anonymous can be likened to a group of physicians who might find a cure for cancer, and upon whose concerted work would depend the answer for sufferers of this disease. True, each physician in such a group might have his own specialty. Every doctor concerned would at times wish he could devote himself to his chosen field rather than work only with the group. But once these men had hit upon a cure, once it became apparent that only by their united effort could this be accomplished, then all of them would feel bound to devote themselves solely to the relief of cancer. In the radiance of such a miraculous discovery, any doctor would set his other ambitions aside, at whatever personal cost.

Twelve Steps & Twelve Traditions, page 151

CALIFORNIA NORTHERN COASTAL AREA 06 (CNCA 06) OF ALCOHOLICS ANONYMOUS PRESENTS

POST-CONFERENCE ASSEMBLY 2026

"Humility in Action"

MAY 16, 2026

Ulatis Community Center
1000 Ulatis Drive, Vacaville CA 95687

Zoom ID: [632 553 607](#) | Contraseña: 1935

Registration	8:00am - 9:00am
Orientation	9:00am - 9:15am
Business Meeting	9:15am - 12:00pm
Lunch	12:00pm - 1:00pm


Panel for Sharing on the Conference Theme
1:00pm - 1:45pm

Delegate's Report	2:00pm - 3:30pm
Questions and Answers	3:45pm - 4:30pm
What's on Your Mind?	4:30pm - 5:00pm

CC


****Please bring your own reusable coffee cup and water bottle!****

Attending online? Spanish-English Interpretation and Closed Captioning will be provided on Zoom.
Attending in-person? Bring your **FM RADIO** for Spanish-English interpretation and Assisted Listening.



"We must be entirely honest with somebody if we expect to live long or happily in this world."

Alcoholics Anonymous, p. 73-74.



Area 54 H&I – A Call to Carry the Message

There was a time when volunteers from all over the Bay Area would make the drive into Solano County just to bring a meeting into a facility. People would show up excited and grateful for the opportunity to walk through those gates and carry the message of Alcoholics Anonymous to someone who couldn't get to a meeting on their own.

Today, we are in desperate need of that same spirit of service.

Many of our facilities in Area 54 have meetings that are dark or barely covered. The need inside has not gone away. If anything, it has grown. The men and women behind those walls are waiting for someone to walk in and share hope.

Hospitals & Institutions work is not just another service commitment. It is one of the most powerful ways we can give back what was so freely given to us.

When we walk into a jail, prison, or treatment facility, we are often the only connection to Alcoholics Anonymous that those individuals have. They cannot simply look up a meeting. They cannot drive across town. They rely on us.

And here is the beautiful part: we often leave with more than we give.

There is something incredibly humbling and exciting about bringing a meeting into a facility. The honesty is raw. The gratitude is real. The reminder of where we came from is powerful. It strengthens our sobriety. It deepens our purpose. It connects us to the heart of AA's primary purpose – to carry the message to the alcoholic who still suffers.

Many of us found sobriety because someone showed up. Someone volunteered. Someone walked into a room and shared their experience, strength, and hope.

Now it is our turn.

If you have at least one year of sobriety and a willingness to serve, we need you. If you have never done H&I before, we will walk you through the clearance process and pair you with experienced panel members. You will not do this alone.

Whether you can commit once a month or more frequently, your service matters. One meeting can change a life. One volunteer can keep a panel alive. One yes can reopen a dark meeting.

This is our opportunity to practice unity, responsibility, and love in action.

If you are interested in volunteering with Area 54 H&I, please reach out. We would be honored to have you join us.

In love and service,
Area 54 H&I

For more information or to volunteer, please call or text: 707.712.8409

April Birthdays

11th Step Prayer & Meditation

Mike M 5 years
Shannon K 12 years
Danny 36 years

Clean and Sober

Peter H. 2 years
Amanda S. 3 years
Steve L. 40 years

Easy Does It

Katie M 6 years
Kevin C 7 years
Jeff W 34 years

FNYP

Phil B 4 years

IAF

Byron 3 years
Julie M. 3 years
Heather 4 years
Kevon 5 years
Josephine C. 9 years
Amber L. 25 years
Helder 30 years
Alison B. 42 years

It's A Good Deal

Shane S.- 1 year

Lunch Bunch

Monique G 2 years

On The Rocks

Suzy M 2 years
Craig S 3 years
Allie H 5 years
Will Q 17 years
Josh A 17 years
Rob M 33 years
Alison B 42 years
Gary B 52 years

Primary Purpose

Matt 2 years

Seekers

Dean F 1yr
Kurtis A. 15yrs
Maureen 37 years

Tuesday Night Ladies

Sylvia F. 18 years

Women In The Book

Terri B. 15 years
Sylvia F 18 years

INTO ACTION FELLOWSHIP

BIRTHDAY NIGHT POTLUCK 2026
3RD SATURDAY OF EVERY MONTH

JANUARY 17
FEBRUARY 21
MARCH 21
APRIL 18
MAY 16
JUNE 20

JULY 18
AUGUST 15
SEPTEMBER 19
OCTOBER 17
NOVEMBER 21
DECEMBER 19



happy

sobriety

birthday

Intergroup Activity

12 Step Calls	1
Al-Anon Calls	0
Alateen Calls	0
Information	5
Sales	36
Visitors	71



Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	IN NEED
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator(s)	Allison S.
Member at Large	Kat S.	Marathon Meetings	Amy L.
Member at Large	Diana G.	Website Chairs	Zoey G. Monique G.
Member at Large	Zoey G.	Happenings	Zoey G. AVAILABLE

Service Meetings

NSIG Delegate Meeting:
7pm-3rd Wednesday of each month

Hospitals and Institutions Meeting:
7pm- 2nd Wednesday of each month

District 90 Meeting:
7pm- 1st Wednesday of each month

Public Information/Cooperation with the Professional Community Meeting:
7pm- 1st Thursday of each month

Bridging the Gap:
7pm- 2nd Tuesday of each month

Literature/Grapevine Meeting:
7pm- 4th Thursday of each month

Intergroup Volunteers

Ken M.	Monica
DeDe F.	Steve L.
Darren R.	Jeanne S.
Sheila	Carole D.
Dave G.	Daphne
John P.	Susan
Bill Mc.	Patty
Dave H.	Tim H.



GROUP CONTRIBUTIONS

<u>Name</u>	<u>Amount</u>
Sunday Eye Openers	150.60
Tuesday Night Ladies	140.25
Group 86	121.55
Clean & Sober	143.93
Easy Does It	155.50
Rio Vista Women's Group	48.80
Primary Purpose	25.00
Winter's Kitchen Table	139.62
HOW Group	53.90
Friday Night Young People	109.20
Women in the Book	70.00
Men's Stag	7.00
Seekers	89.00
Friends of Bill W	48.40
On the Rocks	182.96
Rio Vista Nooners	222.00
Total Group Contributions	<u>1,707.71</u>

THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

TREASURER'S REPORT

North Solano Intergroup of AA-Income and Expenses April 2026

	<u>Apr 26</u>
Ordinary Income/Expense	
Income	
Income	
Group Contributions	1,707.71
Individual Contributions	6.50
Total Income	<u>1,714.21</u>
Invoice/Office Sales	
Group Purchase	667.05
Individual Purchase	254.40
Total Invoice/Office Sales	<u>921.45</u>
Other Types of Income	
Coffee Box	26.75
Rents of IG Office	27.00
Total Other Types of Income	<u>53.75</u>
Total Income	<u>2,689.41</u>
Expense	
Bank fees and charges	15.00
Business Expenses	
Business Registration Fees	104.00
Total Business Expenses	<u>104.00</u>
Facilities and Equipment	
Utilities	154.33
Total Facilities and Equipment	<u>154.33</u>
Operations	
Telephone, Telecommunications	408.57
Total Operations	<u>408.57</u>
Sales Inventory	
Recovery Chips	251.80
Total Sales Inventory	<u>251.80</u>
Total Expense	<u>933.70</u>
Net Ordinary Income	<u>1,755.71</u>
Other Income/Expense	
Other Income	
Interest	0.10
Total Other Income	<u>0.10</u>
Net Other Income	<u>0.10</u>
Net Income	<u><u>1,755.81</u></u>

UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS & SERVICE OPPORTUNITIES

See
<https://aasolanonorth.org/announcements-and-events/> for **all** current flyers, announcements and events!

Calling all H&I Representatives AREA 51
Invites you to attend



OUR MONTHLY MEETING AT
413 WILLIAMS ST, VACAVILLE
2ND WEDNESDAY OF THE
MONTH AT 7PM

DOWNLOAD THE
AAGRAPEVINE APP
TO YOUR PHONE

AAGRAPEVINE
The International Journal of Alcoholics Anonymous

iPhone Users Scan:



Android Users Scan:



MEMORIAL DAY MARATHON MEETINGS

FIRST MEETING STARTS
AT 2PM ON SATURDAY
MAY 23RD AND WILL
RUN UNTIL 4:30PM ON
MONDAY MAY 25TH.

413 WILLIAM ST.
VACAVILLE CA, 95688

IAF HAS A NEW LOCATION!

FIRST ASSEMBLY OF
GOD
2207 UNION AVE,
FAIRFIELD CA, 94533

DOWNLOAD THE NEW
GENERAL SERVICE APP!
<https://generalservice.app/>



DOWNLOAD THE
MEETING GUIDE APP
ON YOUR PHONE

Stay connected wherever
you go. Find meetings
anywhere, anytime. Go to:
<https://www.aa.org/meeting-guide-app> to download.



AVAILABLE INTERGROUP SERVICE POSITIONS

**INTERGROUP IS IN
NEED OF THE
FOLLOWING:**

OFFICE MANAGER: 2
YEAR SOBRIETY

VOLUNTEERS FOR
THREE EVENTS;
PICNIC, HALLOWEEN
AND HOLIDAY PARTY
2026

HAPPENINGS CHAIR,
IN SPIRIT OF
ROTATION

ATTEND THE
DELEGATE MEETING
ON THE THIRD
WEDNESDAY OF THE
MONTH AT 7PM OR
CONTACT CORINNE J.
TO BE OF SERVICE

**THE INTERGROUP
OFFICE WILL NOT BE
OPEN ON MONDAY
NIGHTS FOR THE
TIME BEING**

Updated Business
Hours: Monday-Friday
10am-2pm

Let us celebrate your
Sobriety with you every last
Saturday of the month at
All Groups Birthday, 425
Hemlock St. Vacaville CA,
95688.

Doors open at 7pm,
Meeting at 8pm.

HAPPENINGS SUBMISSIONS

Email submissions to:

nsighappenings@gmail.com

**Note: Sobriety Birthday
submissions are for the month
prior to the month of issue!**

**Deadline for birthday
submissions is the 10th of
the month by 2pm**

NORTH SOLANO INTERGROUP EMAIL CONTACTS

General
Mailbox-Intergroup Office
nsigmain@att.net

Intergroup Board of
Directors
nsigboard@att.net

Literature Related Info
nsig.lit@gmail.com

Web/Happenings
Chairperson
Inquiries/Flyers/
Announcements
nsighappenings@gmail.com

NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,
Vacaville, CA 95696

Main Number: (707) 446-2244

Email:
nsighappenings@gmail.com
Regular Business Hours:
Monday-Friday 10am-2pm



**Literature, Birthday chips, etc.
available at North Solano
Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

Monday - Friday 10am-2pm

What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



Looking to be of service at North Solano Intergroup?

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates. 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP
NOW?
CALL
(707)
446-2244**

Want to share a story with us?

North Solano wants to hear it! Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to nsighappenings@gmail.com and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,
Zoey G.

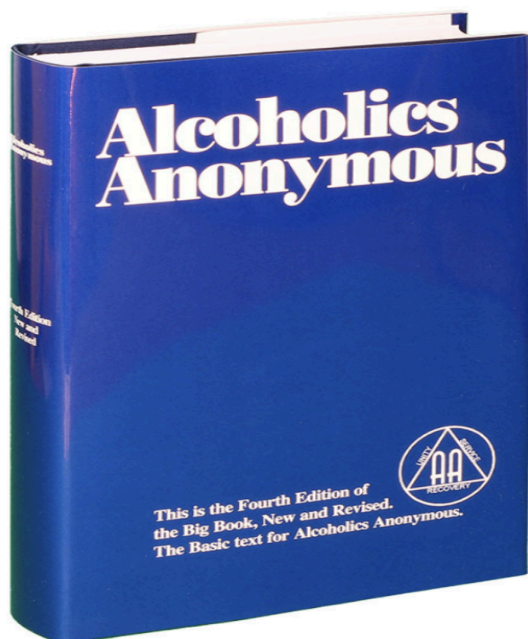
NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: aasolanonorth.org

(MONTH) 2025

—YOUR STORY HERE—



Alcoholics Anonymous Fourth Edition (2001)

Rarely have we seen a person fail who has thoroughly followed our directions. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]