

NSIG HAPPENINGS

VOLUME: 40 ISSUE: 3



WEBSITE: aasolanonorth.org



MARCH 2026

GOD, I CAN'T.
BUT YOU CAN.
SO, I WILL LET YOU.

CHAIRPERSON'S MESSAGE

Hello all!

Hope this message finds you well and in good spirits. We welcome March as it represents renewal, rebirth, and the transition into spring. Any change of season sparks opportunities to adjust or stabilize our program and our lives. It's a personal journey that changes the trajectory of our lives, which then ripples out to our families, fellowship, and community. How fortunate we are to have a design for living and a spiritual toolkit. It reminds me of page 85 in the Big Book: "We are not cured from alcoholism. What we really have is a daily reprieve contingent on the maintenance of our spiritual condition."

A new month brings a new step and tradition. Here's a look at how they reinforce each other in a fresh way.

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition 3: The only requirement for A.A. membership is a desire to stop drinking.

Step 3 and Tradition 3 reinforce each other by pairing personal willingness with collective acceptance, creating the spiritual and practical foundation that allows someone to enter recovery and stay.

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How Step 3 Functions
Step 3 is an inward decision: a person becomes willing to stop running life on self-will and turns toward a Power greater than themselves. It marks the shift from isolation to openness, from control to willingness, and from fear to trust.

How Tradition 3 Functions
Tradition 3 is the outward guarantee that AA will not judge, exclude, or set conditions on anyone seeking help. The only requirement is a desire to stop drinking. It protects AA from gatekeeping and ensures that every person who reaches out has a place.

How They Strengthen Each Other
- Willingness meets unconditional welcome. Step 3 opens a person to receiving help; Tradition 3 ensures that help is available without barriers.

- Letting go of control is mirrored by the group. Step 3 asks the individual to surrender self-will; Tradition 3 prevents the fellowship from imposing its own will on who "qualifies."

- Spiritual growth becomes possible. Step 3 invites a spiritual path; Tradition 3 ensures newcomers don't need to understand or believe anything before they belong.

- Safety supports surrender. Step 3 requires vulnerability; Tradition 3 creates the safe, nonjudgmental environment that

makes that vulnerability possible.

Core Idea

Step 3 is the individual saying, "I'm willing to change."

Tradition 3 is AA saying, "You're welcome here as you are."

Together, they create the doorway into recovery: one side opened by the person, the other held open by the fellowship.

We look forward to seeing Delegates the 3rd Wednesday of every month.

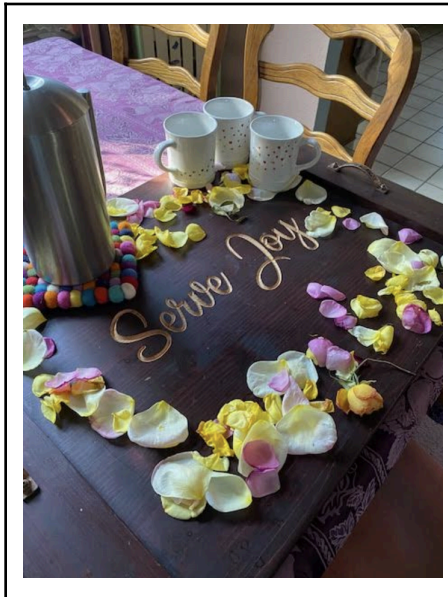
Thank you for allowing me to be of service!

Corinne J aka CJ

Step Three Promise

"WHEN WE SINCERELY TOOK SUCH A POSITION, ALL SORT OF REMARKABLE THINGS FOLLOWED. WE HAD A NEW EMPLOYER. BEING ALL POWERFUL, HE PROVIDED WHAT WE NEEDED, IF WE KEPT CLOSE TO HIM AND PERFORMED HIS WORK WELL. ESTABLISHED ON SUCH A FOOTING, WE BECAME LESS AND LESS INTERESTED IN OURSELVES, OUR LITTLE PLANS AND DESIGNS. MORE AND MORE WE BECAME INTERESTED IN SEEING WHAT WE COULD CONTRIBUTE TO LIFE. AS WE FELT THE NEW POWER FLOW IN, AS WE ENJOYED PEACE OF MIND, AS WE DISCOVERED WE COULD FACE LIFE SUCCESSFULLY, AS WE BECAME CONSCIOUS OF HIS PRESENCE, WE BEGAN TO LOSE OUR FEAR OF TODAY, TOMORROW OR THE HEREAFTER. WE WERE REBORN.

DISTRICT 90 DCMC REPORT



I am so honored and privileged to serve as your DCMC. I have just returned from PRAASA in Hawaii, and I want to sincerely thank our district for the honor and privilege of representing such an amazing group. Although I am saddened that I did not become involved in General Service earlier in my recovery, I am truly amazed at the growth and change I have experienced over the past three years in General Service. Thank you, thank you, thank you.

The theme of PRAASA our conference "*Finding Common Ground.*"

I have been writing about the Concepts in our personal lives because I believe they are not only principles for service, but also powerful tools for recovery and daily living. We need common ground. If this perspective offends anyone, I sincerely apologize. As a trusted servant, the Concepts give me guidance and a framework for making decisions — even when not everyone agrees.

We have a strong foundation that we must continue to honor. I hope you have taken time to learn more about the Concepts, even when they seem confusing at first. They certainly did to me!

Right of Decision — Concept Three states that to ensure effective leadership, the Conference, General Service Board, and their committees should be trusted with the authority to make decisions, supported by mutual trust.

Concept Three offers us the dignity and freedom we all deserve. It teaches us to participate in the decision-making process when appropriate and to lovingly accept imperfections — including our own.

During agenda topic discussions, we extend the Right of Decision to our delegate. We trust her to change our vote, even if it goes against our group's vote. We trust that she holds our best interests at heart because we elected her as our delegate.

Can I allow the people I delegate to in my personal life — those within my circle — to do the same? If I cannot trust them with that responsibility why are they in my life?

Concept Three reminds us that even decisions that don't turn out as planned can teach us something valuable. Effective leadership means leading by example — in both our successes and our mistakes. Each experience shows us what we may need to change within ourselves and calls us to action when something stands in our way.

Even when we fear the outcome, collaboration allows us to see other perspectives. Micromanaging does not help others grow. Instead, we learn to

trust others, trust ourselves, and trust our Higher Power.

Ultimately, the final authority rests with our Higher Power. That is the "WE" of our program — not "us and them," but *we*. We don't need to understand everything; we need to make room — and that leads to belonging. We balance responsibility with faith.

Speaking of responsibility, I want to thank all who participated in our very intimate agenda topic Unity Day, and those who showed up to serve. As one member put it, "Thank you it was a very good unity day great fellowship and food but the group practice for the topics was invaluable." I hope the voices of our groups are carried to our Delegate to take to GSO. Participation is important to help suffering alcoholics and keep AA alive for our future. Mark your calendars for our Delegate's report coming soon on June 13 approximately 8:30 am at 1875 Fairfield Ave at On the Rocks church, flier to follow.

In LOVE and service
debra lyn
DCMC District 90
Panel 75



Third Step Prayer

God, I offer myself to Thee
- to build with me and to
do with me as Thou wilt.
Relieve me of the bondage
of self, that I may better
do Thy will. Take away my
difficulties, that victory
over them may bear witness
to those I would help of
Thy Power, Thy Love, and
Thy Way of Life.

No Longer Do We Have to Hide

We depend upon our fellowship
To gain those tools to stay sober
We talk to our sponsor, our AA friends
Sobriety depends on talking to each other

Face to face or on the phone
Information and ideas that we need
Our fellowship speaks the truth
To stay sober, this we must heed

We no longer have to face life alone
Our AA family is there by our side
At every meeting, at every step
No longer do we have to hide

-Paul, North Solano Member

“When alcohol influenced every facet of my life, when bottles became the symbol of all my self indulgence and permissiveness, when I came to realize that, by myself, I could do nothing to overcome the power of alcohol, I realized I had no recourse except surrender. In surrender I found victory—victory over my selfish self-indulgence, victory over my stubborn resistance to life as it was given to me. When I stopped fighting anybody or anything, I started on the path to sobriety, serenity and peace.”

Twelve Steps & Twelve Traditions, page 21

SURRENDER

LUCKY
TO BE
SOBER

Area 54 H&I – A Call to Carry the Message

There was a time when volunteers from all over the Bay Area would make the drive into Solano County just to bring a meeting into a facility. People would show up excited and grateful for the opportunity to walk through those gates and carry the message of Alcoholics Anonymous to someone who couldn't get to a meeting on their own.

Today, we are in desperate need of that same spirit of service.

Many of our facilities in Area 54 have meetings that are dark or barely covered. The need inside has not gone away. If anything, it has grown. The men and women behind those walls are waiting for someone to walk in and share hope.

Hospitals & Institutions work is not just another service commitment. It is one of the most powerful ways we can give back what was so freely given to us.

When we walk into a jail, prison, or treatment facility, we are often the only connection to Alcoholics Anonymous that those individuals have. They cannot simply look up a meeting. They cannot drive across town. They rely on us.

And here is the beautiful part: we often leave with more than we give.

There is something incredibly humbling and exciting about bringing a meeting into a facility. The honesty is raw. The gratitude is real. The reminder of where we came from is powerful. It strengthens our sobriety. It deepens our purpose. It connects us to the heart of AA's primary purpose – to carry the message to the alcoholic who still suffers.

Many of us found sobriety because someone showed up. Someone volunteered. Someone walked into a room and shared their experience, strength, and hope.

Now it is our turn.

If you have at least one year of sobriety and a willingness to serve, we need you. If you have never done H&I before, we will walk you through the clearance process and pair you with experienced panel members. You will not do this alone.

Whether you can commit once a month or more frequently, your service matters. One meeting can change a life. One volunteer can keep a panel alive. One yes can reopen a dark meeting.

This is our opportunity to practice unity, responsibility, and love in action.

If you are interested in volunteering with Area 54 H&I, please reach out. We would be honored to have you join us.

In love and service,
Area 54 H&I

For more information or to volunteer, please call or text: 707.712.8409

February Birthdays

Clean and Sober

Pam S. 1 year
Lani S. 4 years
Megan P. 13 years
Judi F. 20 years
Sheryl Sue 31 years

Easy Does It

Mike O.- 5 years
Barbara B. 32 years

It's A Good Deal

Amber K. 5 years
Mark B. 5 years
Bob H. 12 years

Men's Stag

Eric M. - 5 years
Bill P. - 25 years

On The Rocks

Heather S. - 4 years
Luke B. - 4 years
Roger C. - 10 years
Mike F. - 14 years
Alan - 49 years

There Is a Solution

Laura 2 years
Bonnie 2 years
Nika 3 years

Tuesday Night Ladies

Lani S. 4 years
Jeannie S. - 33 years

Unity

Andrew F. - 6 years

Women In The Book

Judi F.- 20 years
Jeannie S. - 33 years

STEP THREE

RECOVERY: Step Three

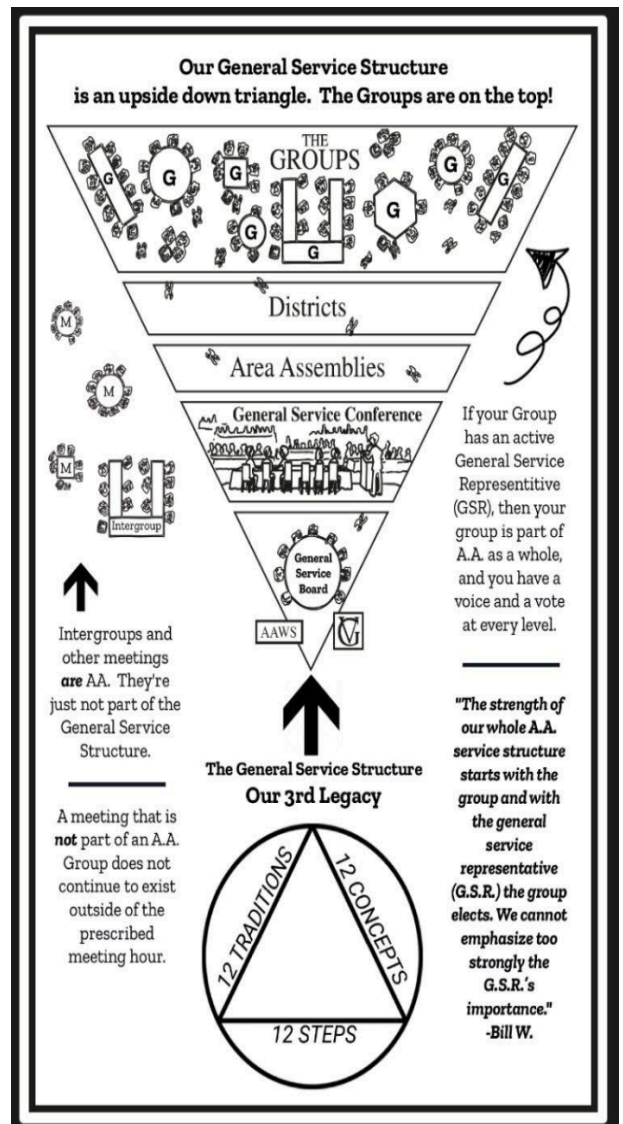
Made a decision to turn our will and our lives over to the care of God as we understood Him.

UNITY: Tradition Three

The only requirement for A.A. membership is a desire to quit drinking.

SERVICE: Concept III

To ensure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staff, committees, and executives—with a traditional "Right of Decision."



happy
sobriety
birthday

Intergroup Activity

12 Step Calls	0
Al-Anon Calls	0
Alateen Calls	0
Information	9
Sales	21
Visitors	57



Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	IN NEED
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator(s)	Allison S.
Member at Large	Kat S.	Marathon Meetings	Amy L.
Member at Large	Diana G.	Website Chairs	Zoey G. Monique G.
Member at Large	Zoey G.	Happenings	Zoey G. AVAILABLE

Intergroup Volunteers

Ken M.	Monica
DeDe F.	Steve L.
Darren R.	Jeanne S.
Sheila	Carole D.
Dave G.	Daphne
John P.	Susan
Bill Mc.	Patty
Dave H.	Tim H.

Service Meetings

NSIG Delegate Meeting:
7pm-3rd Wednesday of each month

Hospitals and Institutions Meeting:
7pm- 2nd Wednesday of each month

District 90 Meeting:
7pm- 1st Wednesday of each month

Public Information/Cooperation with the Professional Community Meeting:
7pm- 1st Thursday of each month

Bridging the Gap:
7pm- 2nd Tuesday of each month

Literature/Grapevine Meeting:
7pm- 4th Thursday of each month



GROUP CONTRIBUTIONS

There is a Solution	149.72
Tuesday Night Ladies	48.25
Rio Vista Joe & Charlie	120.00
Clean & Sober	87.25
Lunch Bunch	479.70
Easy Does It	87.50
Men's Stag	29.00
Seekers	560.35
HOW Group	90.67
	<hr/>
	1,652.44

THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

TREASURER'S REPORT

North Solano Intergroup of AA-Income and Expenses February 2026

Ordinary Income/Expense

Income

Income

Group Contributions 1,652.44

Individual Contributions 132.50

Total Income 1,784.94

Invoice/Office Sales

Group Purchase 206.87

Individual Purchase 278.99

Total Invoice/Office Sales 485.86

Other Types of Income

Coffee Box 24.00

Rents of IG Office 110.00

Total Other Types of Income 134.00

Total Income 2,404.80

Expense

Bank fees and charges 30.70

Facilities and Equipment

Rent 1,700.00

Utilities 374.91

Total Facilities and Equipment 2,074.91

Operations

Supplies 148.97

Telephone, Telecommunications 408.80

Total Operations 557.77

Total Expense 2,663.38

Net Ordinary Income -258.58

Other Income/Expense

Other Income

Interest 0.10

Total Other Income 0.10


Net Other Income 0.10

Net Income -258.48

UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS & SERVICE OPPORTUNITIES

See
<https://aasolanonorth.org/announcements-and-events/> for **all** current flyers, announcements and events!

Calling all H&I Representatives AREA 51
Invites you to attend



OUR MONTHLY MEETING AT
413 WILLIAMS ST, VACAVILLE
2ND WEDNESDAY OF THE
MONTH AT 7PM

The Tuesday Ladies are celebrating 40 Years please join us for fellowship



TUESDAY APRIL 7TH
DOORS OPEN AT 6:00PM
MEETING TO FOLLOW AT 6:30PM
SCREAM FOR ICE CREAM
Church of the Epiphany
300 West Street
Vacaville, CA

DOWNLOAD THE NEW GENERAL SERVICE APP!
<https://generalservice.app/>



DOWNLOAD THE AAGRAPEVINE APP TO YOUR PHONE

AAGRAPEVINE
The International Journal of Alcoholics Anonymous

iPhone Users Scan:



Android Users Scan:



DOWNLOAD THE MEETING GUIDE APP ON YOUR PHONE

Stay connected wherever you go. Find meetings anywhere, anytime. Go to: <https://www.aa.org/meeting-guide-app> to download.



AVAILABLE INTERGROUP SERVICE POSITIONS

INTERGROUP IS IN NEED OF THE FOLLOWING:

OFFICE MANAGER: 2 YEAR SOBRIETY

GROUPS TO HOST FOR THREE EVENTS; PICNIC, HALLOWEEN AND HOLIDAY PARTY 2026

HAPPENINGS CHAIR, IN SPIRIT OF ROTATION

ATTEND THE DELEGATE MEETING ON THE THIRD WEDNESDAY OF THE MONTH AT 7PM OR CONTACT CORINNE J. TO BE OF SERVICE

THE INTERGROUP OFFICE WILL NOT BE OPEN ON MONDAY NIGHTS FOR THE TIME BEING

Updated Business Hours: Monday-Friday 10am-2pm

Let us celebrate your Sobriety with you every last Saturday of the month at All Groups Birthday, 425 Hemlock St. Vacaville CA, 95688.

Doors open at 7pm, Meeting at 8pm.

HAPPENINGS SUBMISSIONS

Email submissions to:

nsighappenings@gmail.com

Note: Sobriety Birthday submissions are for the month prior to the month of issue!

Deadline for birthday submissions is the 10th of the month by 2pm

NORTH SOLANO INTERGROUP EMAIL CONTACTS

General Mailbox-Intergroup Office
nsigmain@att.net

Intergroup Board of Directors
nsigboard@att.net

Literature Related Info
nsig.lit@gmail.com

Web/Happenings Chairperson
Inquiries/Flyers/Announcements
nsighappenings@gmail.com

NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,
Vacaville, CA 95696

Main Number: (707) 446-2244

Email:
nsighappenings@gmail.com
Regular Business Hours:
Monday-Friday 10am-2pm



**Literature, Birthday chips, etc.
available at North Solano
Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

Monday - Friday 10am-2pm

What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



Looking to be of service at North Solano Intergroup?

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates. 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP
NOW?
CALL
(707)
446-2244**

Want to share a story with us?

North Solano wants to hear it! Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to nsighappenings@gmail.com and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,
Zoey G.

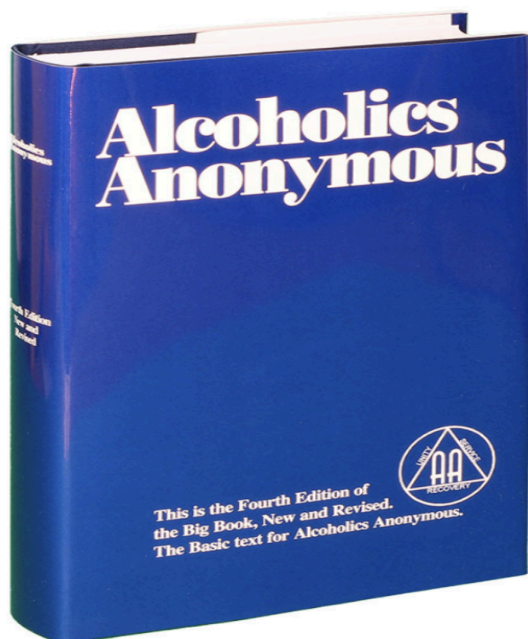
NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: aasolanonorth.org

(MONTH) 2025

—YOUR STORY HERE—



Alcoholics Anonymous Fourth Edition (2001)

Rarely have we seen a person fail who has thoroughly followed our directions. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]