

NSIG HAPPENINGS

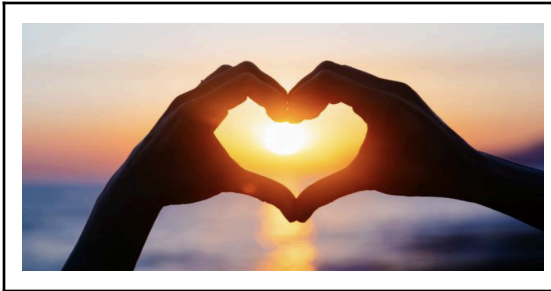
VOLUME: 40 ISSUE: 2



WEBSITE: aasolanonorth.org



FEBRUARY 2026



CHAIRPERSON'S MESSAGE

Hello all,

Hope this message finds you well and in good spirits. We are officially in February, the final month of winter, and longer days are on the horizon. It was an honor and a privilege to celebrate the January birthdays at the All Groups Annual Lasagna Feed. Hearing the stories and spending time with the people who helped build so much in our area filled me with extra appreciation and gratitude. Thank you to those who came before us and continue to pour into our fellowship with your experience and wisdom.

NSIG updates:

Intergroup is still seeking an Office Manager. Please reach out to me or to Cathy C. if you're interested. The job description is available online.

And a quick reminder: please make sure your delegates attend the monthly meeting on the third Wednesday at 7 p.m.

Save the date: Summer Picnic is set for Saturday June 27th at Pena Adobe Park. If you want to get into service and be NSIG HAPPENINGS/ **PAGE 1**

involved, contact our Event Coordinator- Allison S.

Step 2 and Tradition 2 of Alcoholics Anonymous:

Step 2 of Alcoholics Anonymous marks a turning point in personal recovery. It invites individuals to consider that their own thinking-often distorted by addiction-may not be enough to guide them toward sanity and stability. By becoming willing to believe in a Power greater than themselves, members open the door to hope, humility, and the possibility of change. This step is less about defining a specific belief and more about embracing the idea that help exists beyond one's own willpower. It encourages a shift from isolation to connection, from self-reliance to trust, and from despair to the possibility of restoration.

Tradition 2 extends this spiritual principle from the individual to the group. It states that AA's ultimate authority is a loving Higher Power expressed through the group conscience, rather than through personal control or hierarchy. Leaders in AA are trusted servants, not governors, and decisions are

made collectively with humility and respect. This tradition protects the fellowship from domination by strong personalities and ensures that unity, not ego, guides the group's actions. It reinforces the idea that AA functions best when members seek spiritual guidance together rather than relying on individual authority.

Together, Step 2 and Tradition 2 form a complementary foundation for both personal recovery and group unity. Step 2 teaches individuals to let go of self-centered thinking and trust a Higher Power, while Tradition 2 teaches groups to do the same. The humility learned in Step 2 becomes essential for participating in a group guided by collective spiritual wisdom. In this way, the two principles mirror each other: one restores the individual mind, and the other protects the group mind. Their shared message is clear-recovery and fellowship thrive when ego is set aside and guidance is sought from something greater than oneself.

Thank you for your support and allowing me to be of service.

Corinne J aka CJ

DISTRICT 90 DCMC REPORT ***STEP TWO***



Concept 2: The Power of Delegation and Trust in AA

Building a Stronger Fellowship Through Shared Responsibility
Concept 2

The General Service Conference of Alcoholics Anonymous (AA) stands as the effective conscience and guiding voice for the entire fellowship in world affairs.

I am trying to express how we can apply concepts in our personal lives. At its core, Concept 2 encourages the vital practice of entrusting tasks and responsibilities to others, even when it challenges our instinct to control outcomes. This concept is especially meaningful for those recovering from the effects of alcoholism, as trust may not come easily. Many of us, shaped by past experiences, feel compelled to handle everything ourselves, believing we possess a unique capability or fearing disappointment if we let go.

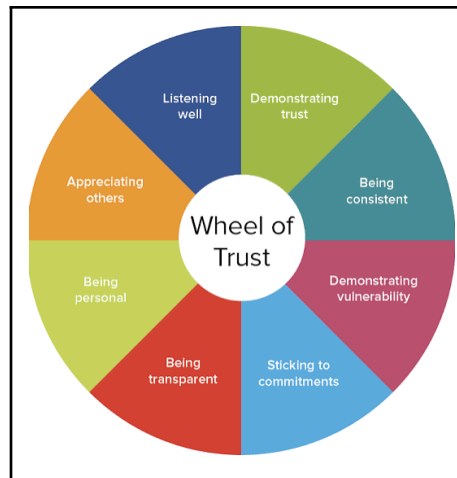
However, genuine growth and healing in AA are fostered by learning to delegate and share responsibilities. By maintaining open dialogue and clear communication with those who take on these tasks, we not only ensure accountability but also nurture understanding. This mutual trust strengthens both individuals and the group as a whole, making it possible to achieve more collectively than we could ever accomplish alone.

The foundation of effective delegation is built on active listening and recognizing the strengths and gifts

within our fellowship. When we turn to others to carry out important tasks, we reinforce the belief that strength lies in unity, not in solitary effort. This process of entrusting and empowering others is where the influence of a Higher Power becomes evident. Together, we accomplish what would be impossible alone, demonstrating the miraculous results that come from collaboration and shared purpose.

By releasing the urge to do everything ourselves, we foster an environment where both individuals and the program can thrive. Letting go, though sometimes difficult, is an act of faith that allows others to grow and develop their own capabilities. In doing so, we not only lighten our own load but also create opportunities for fellowship, understanding, and lasting recovery. Concept 2 ultimately teaches us that the strength of AA is found in the collective, and that by valuing and trusting one another, we build a foundation that is resilient, compassionate, and enduring.

In LOVE and service
debra lyn
DCMC District 90
Panel 75



RECOVERY: Step Two
We came to believe that a power greater than ourselves could restore us to sanity.

UNITY: Tradition Two
For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.

SERVICE: Concept II
The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

Step Two Promise

“AS SOON AS A MAN CAN SAY THAT HE DOES BELIEVE, OR IS WILLING TO BELIEVE, WE EMPHATICALLY ASSURE HIM THAT HE IS ON HIS WAY. IT HAS BEEN REPEATEDLY PROVEN AMONG US THAT UPON THIS SIMPLE CORNERSTONE A WONDERFULLY EFFECTIVE SPIRITUAL STRUCTURE CAN BE BUILT.”

The Second Step Prayer

HEAVENLY FATHER, I AM HAVING TROUBLE WITH PERSONAL RELATIONSHIPS. I CAN'T CONTROL MY EMOTIONAL NATURE. I AM PREY TO MISERY AND DEPRESSION. I CAN'T MAKE A LIVING. I FEEL USELESS. I AM FULL OF FEAR. I AM UNHAPPY. I CAN'T SEEM TO BE OF REAL HELP TO OTHERS. I KNOW IN MY HEART THAT ONLY YOU CAN RESTORE ME TO SANITY IF I AM JUST WILLING TO STOP DOUBTING YOUR POWER. I HUMBLY ASK THAT YOU HELP ME TO UNDERSTAND THAT IT IS MORE POWERFUL TO BELIEVE THAN NOT TO BELIEVE AND THAT YOU ARE EITHER EVERYTHING OR NOTHING.

My Amends to GSO

Recently there has been a request by our General Service Office (GSO) for members to increase contributions. While this has generated a lot of talk, the basic thing is membership contributions were significantly down from where they had been for the last couple of years. The goal of asking for more contributions is to allow GSO to build back the prudent reserve, which had been impacted due to low literature sales during the pandemic and some needed expenses for the office space in New York.

This got me thinking about my own contributions. One of the suggestions has been to contribute a dollar for every year you have been sober to GSO on your birthday. I had thought about this every year but had never followed through on it until last year. Early on we didn't have online ability and one had to go look for that special envelope, or bug a treasurer somewhere for the address, then write a check, get an envelope, and a stamp and all that stuff. And that seemed silly the first couple of years.

This year on my AA birthday I again contributed to GSO via <https://contribution.aa.org>. But what about all those other years I didn't contribute? With the call out for needed contributions, I decided it was time to follow through. And make up for what I had always talked about, but never had actually done.

I consulted AI on how to calculate the total for those missing years and it gave me the answer, and there is even a formula for that so I didn't have to list out lines of numbers and add them like the old days! $S = (n(n+1))/2$

I summed that up and sent that off, finally!

Which brings me to the final point. In the 90's the normal donation for a meeting was one dollar. Now years later, I still see many people still only putting a dollar in the basket. The funny part is even in the 60's the talk was about one dollar in the basket. AA has given me a blessed life beyond my wildest dreams. With the cost of living, rent, and even coffee costing a lot more than it did even a short time ago, is a dollar really enough? Give what you can, but consider the blessing AA has given you when you do.

Keep coming back, one day at a time.

Bill H.
Vacaville, CA



“Then I woke up. I had to admit that A.A. showed results, prodigious results. I saw that my attitude regarding these had been anything but scientific. It wasn't A.A. that had the closed mind, it was me. The minute I stopped arguing, I could begin to see and feel. Right there, Step Two gently and very gradually began to infiltrate my life. I can't say upon what occasion or upon what day I came to believe in a Power greater than myself, but I certainly have that belief now. To acquire it, I had only to stop fighting and practice the rest of A.A.'s program as enthusiastically as I could.

Twelve Steps & Twelve Traditions, page 27



Area 54 H&I – A Call to Carry the Message

There was a time when volunteers from all over the Bay Area would make the drive into Solano County just to bring a meeting into a facility. People would show up excited and grateful for the opportunity to walk through those gates and carry the message of Alcoholics Anonymous to someone who couldn't get to a meeting on their own.

Today, we are in desperate need of that same spirit of service.

Many of our facilities in Area 54 have meetings that are dark or barely covered. The need inside has not gone away. If anything, it has grown. The men and women behind those walls are waiting for someone to walk in and share hope.

Hospitals & Institutions work is not just another service commitment. It is one of the most powerful ways we can give back what was so freely given to us.

When we walk into a jail, prison, or treatment facility, we are often the only connection to Alcoholics Anonymous that those individuals have. They cannot simply look up a meeting. They cannot drive across town. They rely on us.

And here is the beautiful part: we often leave with more than we give.

There is something incredibly humbling and exciting about bringing a meeting into a facility. The honesty is raw. The gratitude is real. The reminder of where we came from is powerful. It strengthens our sobriety. It deepens our purpose. It connects us to the heart of AA's primary purpose – to carry the message to the alcoholic who still suffers.

Many of us found sobriety because someone showed up. Someone volunteered. Someone walked into a room and shared their experience, strength, and hope.

Now it is our turn.

If you have at least one year of sobriety and a willingness to serve, we need you. If you have never done H&I before, we will walk you through the clearance process and pair you with experienced panel members. You will not do this alone.

Whether you can commit once a month or more frequently, your service matters. One meeting can change a life. One volunteer can keep a panel alive. One yes can reopen a dark meeting.

This is our opportunity to practice unity, responsibility, and love in action.

If you are interested in volunteering with Area 54 H&I, please reach out. We would be honored to have you join us.

In love and service,
Area 54 H&I

For more information or to volunteer, please call or text: 707.712.8409

January Birthdays

Attitude of Gratitude

Mark R. - 1 year

Clean and Sober

Carmine A. - 33 years

Dixon Dry Dock

Dan J. - 23 years

Dixon No Names

Elizabeth J. - 8 years

Easy Does It

Debbie L- 35 years

Evan E. - 36 years

FNYP

Caleb- 5 years

Group 86

Carole D. - 40 years

IAF

Mike M.- 6 years

Joe R. - 36 years

Dave G.- 44 years

It's A Good Deal

Richard V. 1 year

Mike L. 5 years

Andrew F. 7 years

Lunch Bunch

Tonya D. - 2 years

Andrea- 2 years

On The Rocks

Matt B. - 1 Year

Ashley H. - 3 Years

Lisa M. - 4 Years

Jeff H. - 5 Years

John G. - 6 Years

Paula R. - 7 Years

Amy A. - 9 Years

Roger C. - 10 Years

Anne H. - 20 Years

Akbar S. - 33 Years

January Birthdays Continued...

Promises

Bill M. - 40 years

There Is A Solution

Pat K. - 5 years

Tuesday Ladies

Melissa H. - 1 year

Lee W. 4 years

Lisa S. 13 years

Bridgette J.- 15 years

Vicky J. 15 years

Eileen D. 40 years

Sunday Eye Openers

Debra Lyn- 40 years

Women In The Book

Wendy P. - 2 years

Lee W.- 4 years

Vicky J.- 15 years

Etc.

Madonna G. - 11 years

Julie H. - 17 years

Janei G. - 24 years

Angelica G. - 14 years

LASAGNA FEED SOBRIETY TOTAL:

2116 YEARS

8 MONTHS

14 DAYS

Let us celebrate your Sobriety with you every third Saturday at Into Action Fellowship or every last Saturday of the month at All Groups Birthday, 425 Hemlock St. Vacaville CA, 95688. Doors open at 7pm, Meeting at 8pm.

happy

sobriety

birthday

Intergroup Activity

12 Step Calls	0
Al-Anon Calls	0
Alateen Calls	0
Information	6
Sales	28
Visitors	90

Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	IN NEED
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator(s)	Allison S.
Member at Large	Kat S.	Marathon Meetings	Amy L.
Member at Large	Diana G.	Website	Monique
Member at Large	Zoey G.	Happenings	Zoey G. AVAILABLE

Intergroup Volunteers

Ken M.	Monica
DeDe F.	Steve L.
Darren R.	Jeanne S.
Sheila	Carole D.
Dave G.	Daphne
John P.	Susan
Bill Mc.	Patty
Dave H.	Tim H.



Service Meetings

NSIG Delegate Meeting:
7pm-3rd Wednesday of each month

Hospitals and Institutions Meeting:
7pm- 2nd Wednesday of each month

District 90 Meeting:
7pm- 1st Wednesday of each month

Public Information/Cooperation with the Professional Community Meeting:
7pm- 1st Thursday of each month

Bridging the Gap:
7pm- 2nd Tuesday of each month

Literature/Grapevine Meeting:
7pm- 4th Thursday of each month



GROUP CONTRIBUTIONS

Got Resentment	90.00
Primary Purpose	40.00
Tuesday Night Ladies	62.75
On the Rocks	136.09
Easy Does It	31.00
It's a Good Deal	94.64
Clean & Sober	77.50
Women in the Book	1.50
On the Rocks	105.60
Winter's Kitchen Table	151.00
Sunday Eye Openers	20.90
Men's Stag	121.64
Dixon Promises Group	60.00
Women in the Book	70.00
Dixon No Names	213.63
Rio Vista Good Orderly Direction	200.00
Rio Vista River Rats	200.00
Into Action Fellowship	120.00
	<hr/>
	1,796.25

THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

TREASURER'S REPORT


North Solano Intergroup of AA-Income and Expenses January 2025

	<u>Jan 26</u>
Ordinary Income/Expense	
Income	
Income	
Group Contributions	1,796.25
Individual Contributions	25.10
Total Income	<u>1,821.35</u>
Invoice/Office Sales	
Group Purchase	1,187.14
Individual Purchase	118.20
Total Invoice/Office Sales	<u>1,305.34</u>
Other Types of Income	
Christmas Party	1,230.03
Coffee Box	23.85
Marathon Meetings	346.55
Rents of IG Office	410.00
Total Other Types of Income	<u>2,010.43</u>
Total Income	<u>5,137.12</u>
Expense	
Bank fees and charges	19.45
Facilities and Equipment	
Rent	1,700.00
Utilities	329.83
Total Facilities and Equipment	<u>2,029.83</u>
Operations	
Postage, Mailing Service	268.00
Supplies	165.97
Telephone, Telecommunications	408.80
Total Operations	<u>842.77</u>
Other Types of Expenses	
Annual Picnic Expenses	404.25
Christmas Party Expenses	2,185.95
Total Other Types of Expenses	<u>2,590.20</u>
Sales Inventory	
Literature/Books/Pamphlets	1,202.76
Recovery Chips	392.20
Sales Tax	856.00
Total Sales Inventory	<u>2,450.96</u>
Total Expense	<u>7,933.21</u>
Net Income	<u><u>-2,796.09</u></u>

UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS & SERVICE OPPORTUNITIES

See
<https://aasolanonorth.org/announcements-and-events/> for **all** current flyers, announcements and events!

Calling all H&I Representatives
AREA 54
Invites you to attend



OUR MONTHLY MEETING AT
413 WILLIAMS ST, VACAVILLE
2ND WEDNESDAY OF THE
MONTH AT 7PM

AREA 54 H&I VOLUNTEERS NEEDED

CARRY THE MESSAGE INTO FACILITIES

SEVERAL MEETINGS IN SOLANO COUNTY ARE CURRENTLY DARK OR BARELY COVERED. THE NEED INSIDE HAS NOT GONE AWAY. THE MEN AND WOMEN THERE ARE WAITING FOR HOPE.

IF YOU HAVE AT LEAST ONE YEAR OF SOBRIETY AND A WILLINGNESS TO SERVE, WE NEED YOU.

- WE GUIDE YOU THROUGH CLEARANCE
- YOU WILL BE PAIRED WITH EXPERIENCED MEMBERS
- SERVE ONCE A MONTH OR MORE

ONE MEETING CAN CHANGE A LIFE.

IF YOU'RE INTERESTED IN VOLUNTEERING WITH US, PLEASE CONTACT US!
707.712.8409



DOWNLOAD THE NEW GENERAL SERVICE APP!
<https://generalservice.app/>



DOWNLOAD THE AAGRAPEVINE APP TO YOUR PHONE

AAGRAPEVINE
The International Journal of Alcoholics Anonymous

iPhone Users Scan:



Android Users Scan:



DOWNLOAD THE MEETING GUIDE APP ON YOUR PHONE

Stay connected wherever you go. Find meetings anywhere, anytime. Go to: <https://www.aa.org/meeting-guide-app> to download.



AVAILABLE INTERGROUP SERVICE POSITIONS

INTERGROUP IS IN NEED OF THE FOLLOWING:

OFFICE MANAGER: 2 YEAR SOBRIETY

GROUPS TO HOST FOR THREE EVENTS; PICNIC, HALLOWEEN AND HOLIDAY PARTY 2026

HAPPENINGS CHAIR, IN SPIRIT OF ROTATION

ATTEND THE DELEGATE MEETING ON THE THIRD WEDNESDAY OF THE MONTH AT 7PM OR CONTACT CORINNE J. TO BE OF SERVICE

THE INTERGROUP OFFICE WILL NOT BE OPEN ON MONDAY NIGHTS FOR THE TIME BEING

Updated Business Hours: Monday-Friday 10am-2pm

HAPPENINGS SUBMISSIONS

Email submissions to:

nsighappenings@gmail.com

Note: Sobriety Birthday submissions are for the month prior to the month of issue!

Deadline for birthday submissions is the 10th of the month by 2pm

NORTH SOLANO INTERGROUP EMAIL CONTACTS

General Mailbox-Intergroup Office
nsigmain@att.net

Intergroup Board of Directors
nsigboard@att.net

Literature Related Info
nsig.lit@gmail.com

Web/Happenings Chairperson
Inquiries/Flyers/Announcements
nsighappenings@gmail.com

NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,
Vacaville, CA 95696

Main Number: (707) 446-2244

Email:
nsighappenings@gmail.com
Regular Business Hours:
Monday-Friday 10am-2pm



**Literature, Birthday chips, etc.
available at North Solano
Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

Monday - Friday 10am-2pm

What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



***Looking to be of service at
North Solano Intergroup?***

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates. 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP
NOW?
CALL
(707)
446-2244**

Want to share a story with us?

North Solano wants to hear it! Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to nsighappenings@gmail.com and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,
Zoey G.

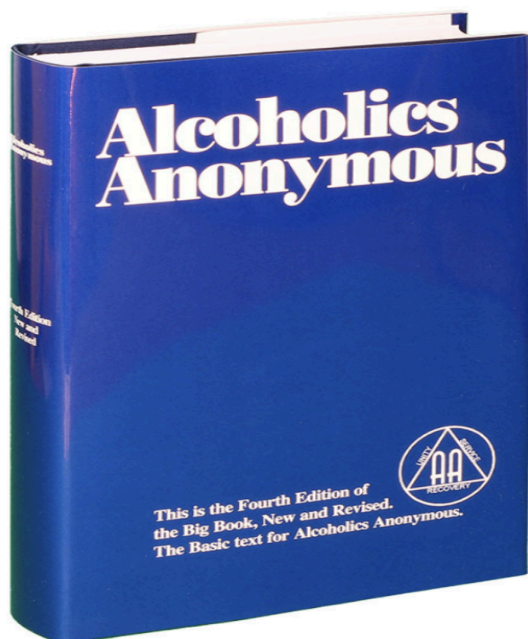
NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: aasolanonorth.org

(MONTH) 2025

—YOUR STORY HERE—



Alcoholics Anonymous Fourth Edition (2001)

Rarely have we seen a person fail who has thoroughly followed our directions. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]