

NSIG HAPPENINGS

VOLUME: 39 ISSUE: 11

WEBSITE: aasolanonorth.org

NOVEMBER 2025



CHAIRPERSON'S MESSAGE

Hello all,

I hope this message finds you well and in good spirits. As we near the end of the year and the changing of seasons, we're greeted by the beauty of autumn—colorful leaves beginning to fall, cooler weather settling in, and the return of rain. Each season offers a chance to reflect, check our foundation, and consider how we can maintain and strengthen our program.

Transition & Preparation

As late autumn transitions into winter, it symbolizes a time to slow down, reflect on what's ahead, and prepare for the colder months. Let's use this season to ground ourselves and renew our commitment to service and growth.

Service Opportunities

Member At Large

North Solano Intergroup elections are happening this month. Three Member At Large positions are rotating out. Requirements include two years of sobriety and a one-year term. Job descriptions are available at aasolanonorth.org. If you're interested in serving, please attend the meeting on Wednesday, November 19th at 7 PM.

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Marathon Meeting Coordinator

We're currently seeking someone to step into this role. The position description is also available on the website. In the meantime, Zoey has kindly helped set up Google Sheets, which are posted on the Announcements & Events page. If you need assistance, feel free to reach out to me or Josh using the contact info provided online.

Holiday Party

Planning is underway for our annual celebration on Saturday, December 20th. Flyers are being circulated and posted. There are always opportunities to serve—check the flyer for details and contact information.

♦ Step 11

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

Step 11 encourages spiritual growth through daily prayer and meditation. It's about deepening our connection with a Higher Power, seeking guidance, and aligning our actions with spiritual principles. Quiet reflection helps us listen inwardly and live with purpose.

♦ Tradition 11

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

Tradition 11 safeguards the fellowship's integrity by emphasizing humility and personal anonymity. Rather than seeking publicity, AA relies on the power of personal example to inspire others. This tradition ensures the program remains focused on principles, not personalities.

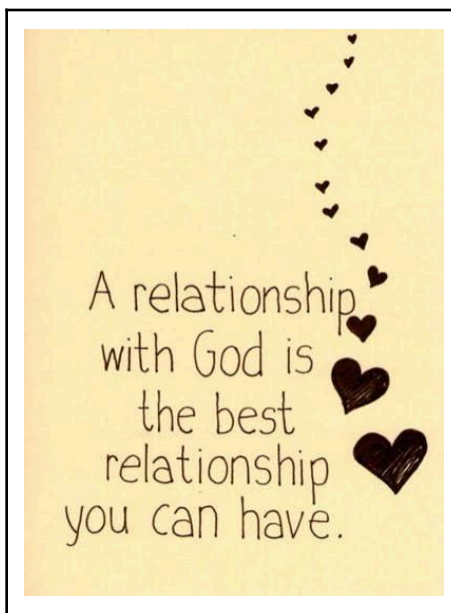
Reminder:

Please send your Intergroup Representatives to the Delegates Meeting held on the third Wednesday of every month. We value your group's input and are committed to sharing area-wide information and support.

If you have any questions or need further information, don't hesitate to reach out to me directly.

Yours in service,
Corinne J aka CJ

DISTRICT 90 DCMC REPORT



In the 11th month of this year, we focus on the 11th step and the 11th tradition. We hope to be in a fit spiritual condition, which is the proper use of our will. Just as we exercise our bodies, we cannot maintain them unless we do it regularly. We want to stay strong, physically. Strength and direction come from the flow of the spirit within you, as you practice a proper attitude and work on it in your daily review. When we are resentful, selfish, dishonest, and afraid, we ask for the power to change us. Just as we discuss these things with another person when conducting an inventory, we also discuss them with God during a daily review. This keeps us strong spiritually. Our spiritual muscles build. Were we thinking only of ourselves or others? We are then more on the plane of (in-spirit) inspiration, as the book calls it. We don't want to dwell on morbid thoughts, but rather aim to conduct an accurate self-appraisal. When we wake up in the morning, we think of others and what we can do for them, and we ask God to direct our
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thoughts. When we retire at night, we review our day to see what has happened. After we've done this, we ask for forgiveness if we fall short.

Our area is doing its inventory in Napa on November 1st to make it possible to reach the suffering alcoholic. Thank you to our GSRs who quietly and tirelessly support our district. This makes us more effective and helps us grow in understanding. Are our home groups also conducting an inventory? Are we reaching not only newcomers but also extending our outreach to Home group members, both new and old?

In the 11th tradition, we think about attraction versus promotion. Are we reaching the other, or are we promoting principles or the attitude of individual members? This is rare in society, and that sets us apart from other organizations. Personal ambitions have no place in AA. No group is better than any other group. The principles have to be above my personality. Are you aware of the principles that have kept AA alive for 90 years? This is a "we" program, not a **me** program. It is very important to interweave our steps and traditions so our liabilities do not interfere with our assets. This is true recovery and it gets deeper with the understanding of ourselves, and gives us more love and tolerance.

We are hosting a Unity Day on November 15 from 10:00 a.m. to 2:00 p.m., and we hope to have some fun and fellowship at our Spiritual Toolkit Tailgate Party. Please join us.

In LOVE and service
debra lyn
DCMC District 90
Panel 75



Spiritual Principle Spirituality

RECOVERY: Step Eleven

"Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out."

UNITY: Tradition Eleven

"Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

SERVICE: Concept XI

The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.



STEP 11 PRAYER

LORD, MAKE ME A CHANNEL OF THY PEACE – THAT WHERE THERE IS HATRED, I MAY BRING LOVE – THAT WHERE THERE IS WRONG, I MAY BRING THE SPIRIT OF FORGIVENESS – THAT WHERE THERE IS DISCORD, I MAY BRING HARMONY – THAT WHERE THERE IS ERROR, I MAY BRING TRUTH – THAT WHERE THERE IS DOUBT, I MAY BRING FAITH – THAT WHERE THERE IS DESPAIR, I MAY BRING HOPE – THAT WHERE THERE ARE SHADOWS, I MAY BRING LIGHT – THAT WHERE THERE IS SADNESS, I MAY BRING JOY.

LORD, GRANT THAT I MAY SEEK RATHER TO COMFORT, THAN TO BE COMFORTED – TO UNDERSTAND, THAN TO BE UNDERSTOOD – TO LOVE, THAN TO BE LOVED. FOR IT IS BY SELF-FORGETTING THAT ONE FINDS. IT IS BY FORGIVING THAT ONE IS FORGIVEN. IT IS BY DYING THAT ONE AWAKENS TO ETERNAL LIFE. (AA 12 & 12; 99:3)

CreativeCertificates.com

“As he goes along with his process of prayer, he begins to add up the results. If he persists, he will almost surely find more serenity, more tolerance, less fear, and less anger. He will acquire a quiet courage, the kind that doesn’t strain him. He can look at so-called failure and success for what they really are. Problems and calamity will begin to mean instruction, instead of destruction. He will feel freer and saner. The idea that he may have been hypnotizing himself by autosuggestion will become laughable. His sense of purpose and of direction will increase. His tensions and anxieties will commence to fade. His physical health is likely to improve. Wonderful and unaccountable things will start to happen. Twisted relations in his family and on the outside will unaccountably improve.”

Take Step 11- Bill W. Grapevine, 1958

October Birthdays

11th Step Prayer & Meditation

Zoey G.- 8 years

Clean and Sober

Manoj (MJ)- 3 years

Got Resentments

Steve D. 1- year

Erica S.- 1 year

Joseph F.- 2 years

Kat D.- 6 years

HOW

Zoey G.- 8 years

Dean T.- 23 years

On The Rocks

Renee- 8 years

Ron N. -12 years

John B.-15 years

Richard H. -16 years

Carol - 37 years

Rick P. -37 years

Sunday Eye Openers

Michael M. 10/2/2020 5 years

Morgan S. 10/05/2018 7 years

Chad C. 10/08/2012 13 years

There Is A Solution

Claire- 2 years

Barbara D.- 33 years

Unity Group

Barbara D.- 33 years

Women In The Book

Ann K.- 25 years

Let us celebrate your Sobriety with you every Third Saturday at Into Action Fellowship or every last Saturday of the month at All Groups Birthday!



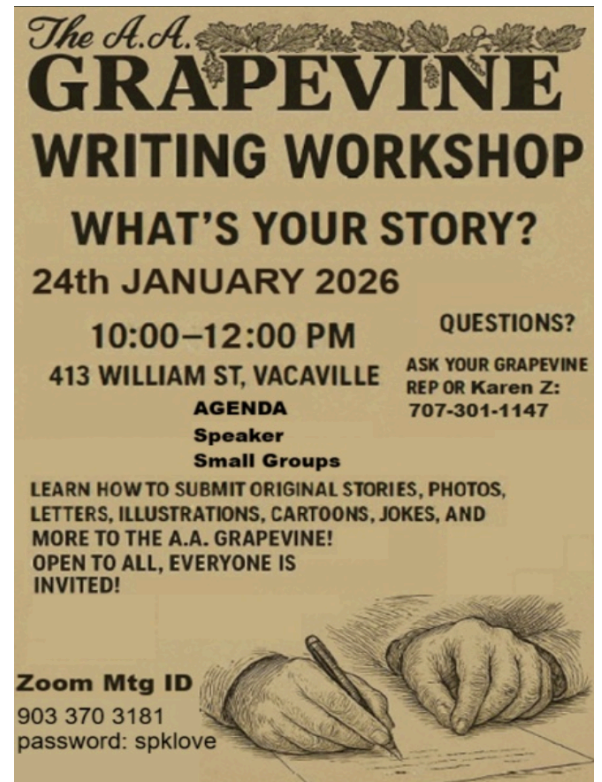
238 TRAVIS COURT
SUISUN CITY, CA 94585

Into Action Fellowship
BIRTHDAY NIGHT

Hybrid ZOOM ID: 821 2943 4002
PASSWORD: SOBERIAF

EVERY THIRD SATURDAY OF THE MONTH!
DOORS OPEN @ 5:30PM
POTLUCK @ 6PM
MEETING STARTS 7PM

PLEASE BRING A DISH TO SHARE!
SEE/CONTACT GEN IF YOU'D LIKE BE OF SERVICE
510-269-3564



The A.A.
GRAPEVINE
WRITING WORKSHOP

WHAT'S YOUR STORY?
24th JANUARY 2026

10:00-12:00 PM QUESTIONS?
ASK YOUR GRAPEVINE
REP OR Karen Z:
707-301-1147

413 WILLIAM ST, VACAVILLE
AGENDA
Speaker
Small Groups

LEARN HOW TO SUBMIT ORIGINAL STORIES, PHOTOS,
LETTERS, ILLUSTRATIONS, CARTOONS, JOKES, AND
MORE TO THE A.A. GRAPEVINE!
OPEN TO ALL, EVERYONE IS
INVITED!

Zoom Mtg ID
903 370 3181
password: spklove

happy ^{sobriety} Birthday

Intergroup Activity

12 Step Calls	3
Al-Anon Calls	0
Alateen Calls	0
Information	21
Sales	34
Visitors	90

Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	Tim
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator Chair & Co-Chair	Christina S. Monique G.
Member at Large	Jeannie S.	Marathon Meetings	Ralph M.
Member at Large	Lee W.	Website	Zoey G.
Member at Large	Drew H.	Happenings	Zoey G.

Intergroup Volunteers

Ken M.	John P.
DeDe F.	Richard B.
Darren R.	Jeanne
Sheila	Carole D.
Dave G.	Daphne
Linda	Susan
Bill Mc.	Monica
Dave H.	



Service Meetings

NSIG Delegate Meeting:

7pm-3rd Wednesday of each month

Hospitals and Institutions Meeting:

7pm- 2nd Wednesday of each month

District 90 Meeting:

7pm- 1st Wednesday of each month

Public Information/Cooperation with the Professional Community Meeting:

7pm- 1st Thursday of each month

Bridging the Gap:

7pm- 2nd Tuesday of each month

Literature/Grapevine Meeting:

7pm- 4th Thursday of each month

11th Step Morning Prayer

GOD, SHOULD I FIND MYSELF AGITATED, DOUBTFUL OR INDECISIVE TODAY, PLEASE GIVE ME INSPIRATION, HELP ME TO HAVE AN INTUITIVE THOUGHT OR A DECISION ABOUT THIS PROBLEM I FACE. HELP ME NOT TO STRUGGLE, INSTEAD, HELP ME TO RELAX AND TAKE IT EASY. HELP ME KNOW WHAT I SHOULD DO AND KEEP ME MINDFUL, THAT YOU ARE RUNNING THE SHOW. FREE ME FROM MY BONDAGE OF SELF. THY WILL BE DONE ALWAYS.

GROUP CONTRIBUTIONS

Name	Amount
Tuesday Night Ladies	174.30
Unity Group	162.50
Sunday Eye Openers	728.00
Friends of Bill W	44.80
Rio Vista Men's Stag	50.00
Women in the Book	70.00
Easy Does It	89.50
On the Rocks	100.88
Clean & Sober	35.00
Men's Stag	13.75
Dixon Promises Group	48.00
Friday Night Young People	203.70
Primary Purpose	63.59
Winter's Kitchen Table	118.20
	<hr/>
	1,902.22

THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

TREASURER'S REPORT

North Solano Intergroup of AA-Income and Expenses October 2025

Income	
Income	
Group Contributions	1,902.22
Individual Contributions	39.90
Total Income	<u>1,942.12</u>
Invoice/Office Sales	
Group Purchase	523.01
Individual Purchase	321.70
Total Invoice/Office Sales	<u>844.71</u>
Other Types of Income	
Coffee Box	24.70
Halloween Party	1,139.00
Rents of IG Office	220.00
Total Other Types of Income	<u>1,383.70</u>
Total Income	<u>4,170.53</u>
Expense	
Contract Services	
Go Daddy/Public Domain	542.98
Total Contract Services	<u>542.98</u>
Facilities and Equipment	
Rent	1,700.00
Utilities	419.67
Total Facilities and Equipment	<u>2,119.67</u>
Operations	
Books, Subscriptions, Reference	42.94
Supplies	102.47
Telephone, Telecommunications	387.63
Total Operations	<u>533.04</u>
Other Types of Expenses	
Christmas Party (Kids Room)	152.00
Bank/Office	75.00
Halloween Party reimbursement	191.88
Total Other Types of Expenses	<u>418.88</u>
Sales Inventory	
Literature/Books/Pamphlets	277.60
Total Sales Inventory	<u>277.60</u>
Total Expense	<u>3,892.17</u>
Net Ordinary Income	278.36
Other Income/Expense	
Other Income	
Interest	0.11
Total Other Income	<u>0.11</u>
Net Other Income	<u>0.11</u>
Net Income	<u><u>278.47</u></u>



**Literature, Birthday chips, etc.
available at North Solano Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

**Monday - Friday 10am-2pm
Monday Evening 7pm-9pm**

What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



Looking to be of service at North Solano Intergroup?

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates and is currently looking for a desk worker for Wednesdays (10am-2pm). 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP
NOW?
CALL
(707)
446-2244**

Want to share a story with us?

North Solano wants to hear it! Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to nsighappenings@gmail.com and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,
Zoey G.

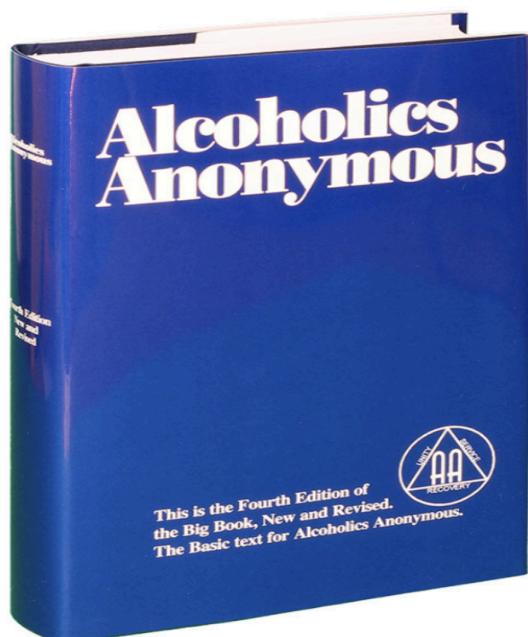
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WEBSITE: aasolanonorth.org

(MONTH) 2025

—YOUR STORY HERE—



Alcoholics Anonymous Fourth Edition (2001)

Rarely have we seen a person fail who has thoroughly followed our directions. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]