

# NSIG HAPPENINGS

VOLUME: 39 ISSUE: 09

WEBSITE: [aasolanonorth.org](http://aasolanonorth.org)


SEPTEMBER 2025




## ***CHAIRPERSON'S MESSAGE***

Hello all,

I hope this message finds you well and in good spirits! As we transition from summer to fall, the season of change is upon us—and with it comes a chance to reconnect and celebrate.

 Mark your calendars: Our Annual Halloween Party is happening on Saturday, October 11th at 1875 Fairfield Ave. Flyers have been circulated and were sent out with Delegates at our August meeting. We're looking forward to a fun-filled night and seeing everyone in costume. And hey—if dressing up isn't your thing, don't let that stop you from joining us. Come as you are!

 Support Intergroup by purchasing your group's literature and chips locally at 413 Williams St, Vacaville, CA. We know Amazon is convenient, but shopping at the Intergroup Office helps sustain our community. The office is open Monday–Friday from 10 AM to 2 PM, and Monday evenings from 7–9 PM. If you're a planner and want a special chip or item, ask one of our volunteers to show you the binder of catalogs available for custom orders.

A new month brings a new Step and Tradition to reflect on and work through. Let's continue walking this path together—one day, one principle at a time.

Step 9 of Alcoholics Anonymous reads:

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

This step marks a pivotal moment in recovery—where reflection turns into action. It's not just about saying “I'm sorry,” but about restoring integrity through meaningful restitution. Members are encouraged to:

- Face the consequences of past actions with humility and courage.
- Make amends directly, unless doing so would cause harm.
- Distinguish types of amends—direct, indirect, living, and financial.
- Seek spiritual guidance and consult trusted advisors before taking difficult steps.

The heart of Step 9 lies in healing relationships and releasing the burden of guilt and shame. It's a spiritual exercise in accountability, compassion, and transformation.

Tradition 9 states:

“A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.”

This tradition affirms that while AA avoids formal governance, it embraces service-based structure. The paradox is intentional: AA thrives not through

authority, but through trusted servants who support the Fellowship's mission.

Key principles include:

- Minimal organization to preserve AA's spirit of autonomy.
- Rotating leadership to prevent power consolidation.
- Service boards and committees that act as facilitators—not rulers.
- Spiritual discipline replaces external enforcement; members follow principles because they must, not because they're told.

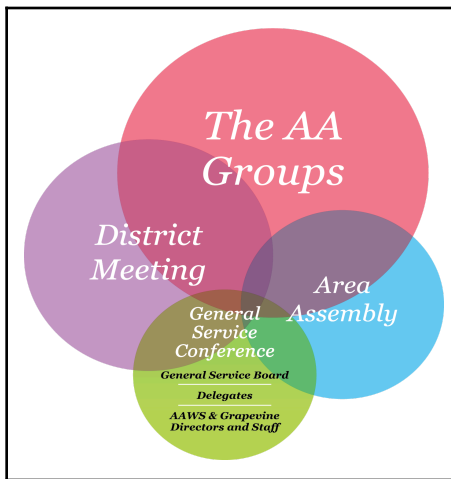
Tradition 9 reminds us that freedom and responsibility can coexist. It's a model of leadership rooted in humility, not hierarchy.

Together, Step 9 and Tradition 9 reflect AA's commitment to personal accountability and collective service. One heals the past; the other protects the future. As we continue our journey in recovery, may we be guided by both—acting with courage, and serving with grace.

Looking forward to seeing Delegates on the 3rd Wednesday of every month. Don't miss your group's opportunity to get updates, flyers and provide a report.

Yours in service,  
Corinne J.  
Aka- CJ

# DISTRICT 90 DCMC REPORT



In this month of September, we are examining Step and Tradition Nine.

In Step Nine, we take responsibility for our behaviors and actions, not to receive forgiveness from someone else but to forgive ourselves to move forward with courage, honesty, and good judgment. A positive attitude, simplicity, and personal discipline are liberating. Shame and blame leave us, and we experience connection and belonging.

We can now feel whole. With what I have heard called In-ness, we can remain that way with continual internal renewal, because now we get to experience peace with ourselves and others.

Being ourselves is no longer painful. We give because we have received. The most significant amendment is to step into serving others.

We have many opportunities coming to our area to get this experience. Unity Day on November 15th requires you to complete it, and the post-conference on May 16th, 2026, will make our district shine. We cannot do these things alone!

Traditional nine

A Tendency to try to control to feel safe can be a significant character defect for those affected by the disease of alcoholism. Realizing our expectations and allowing others to perform tasks to the best of their abilities will give them dignity without looking over their shoulder, giving them a sense of purpose.

With tradition nine, we are aware of the skills and strengths of others and encourage participation so that others can feel included. We let go and trust each other.

We step back and let others do the task they are given. We don't have to be a know-it-all. We work in partnership with our Higher Power and relax. We cannot do everything on our own. Giving others support and praise creates a strong foundation. Mutual trust makes us participate as equals.

We also need a Bridging the Gap chair. I hope you consider these events as part of your recovery and that you get to benefit from them. We need each one of us. I thank you for the honor and privilege of my growing in understanding and effectiveness.

In addition;

The General Service Conference would love to answer these questions so we can take this to our area inventory on November 1st in Napa.

- How is the communication from the general service board to the fellowship? How can we improve transparency, timeliness, and consistency?
- Where is there a breakdown in trust and why?
- How well do we communicate throughout the year?
- Is the conference a year long process, and are we using the whole year?
- What if the process took two years instead of one?
- Could the standing items on each committee be worked on throughout the year instead of during the week of the conference?

- Do our home groups want to spend more time on agenda topics throughout an entire year, rather than just over a few weeks? Would ideas develop further?
- Can we allow more time for accessibility and translation?
- Is the fellowship addressing larger issues of policy and finance, or do the agenda items concentrate on minutia and editorial changes?
- How do we move in the direction of change without losing our past?
- What is the impact of social media and chat rooms on anonymity and placing principles before personalities?
- Are we asking people who are underrepresented
- how they want to be represented?
- Is our workload increasing at a rate we are unable to handle?
- Do we consider work life balance?
- Does the fellowship need to create policies that allow for more time we add more work?
- What are the areas that we need to focus on to remain a spiritual fellowship?

Our group's voices need to be heard on these so we can serve more effectively.

**In LOVE and service**  
**debra lyn**  
**DCMC District 90**  
**Panel 75**

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# NORTH SOLANO STORIES

Now, friend, picture you an' me hunkered 'round a smoky campfire, beans 'n salt pork bubblin' in the pot, cows grazin' yonder while a Montana sunset paints the sky fit to burn. Been a rough stretch, startin' to push these thousand head toward Kansas City stockyards. We got weeks of trail dust ahead, but this ain't our first ride—our outfit of cowboys an' dogs has made the drive before, and we'll do it again.

Truth is, it all comes down to motivation. You gotta think like a cow. What'd the Good Lord put cattle on this earth for? To chew grass, loaf in the pasture, nuzzle their kin, and sleep under the stars. That's about the size of it. But us cowboys, we're different—we gotta stir up the "drive." Reminds me of somethin' ol' east-coast cowboy Bill W. wrote in the Big Book of Alcoholics Anonymous: "I took a night law course, and obtained employment as investigator for a surety company. The drive for success was on. I'd prove to the world I was important" (Alcoholics Anonymous, 1st ed., 1939, p. 2).

See, we push them cattle along much the same way. We spur 'em with fear, haze 'em with our ponies, rile up a momma cow by splittin' her calf off—all manner of tricks to keep 'em movin'. And sure enough, they get driven. Whatever it takes to meet the end goal: beef on the table. Like the Big Book reminds us, "Selfishness—self-centeredness! That, we think, is the root of our troubles. Driven by a hundred forms of fear, self-delusion, self-seeking, and self-pity, we step on the toes of our fellows and they retaliate" (Alcoholics Anonymous, 1st ed., 1939, p. 62).

Now wouldn't that be a real humdinger if this herd started thinkin' like sober A.A.s? Maybe our usual cowboy tricks wouldn't work. Maybe them cows would find themselves a spiritual solution, standin' firm against fear and resentment, and wouldn't need drivin' straight to Kansas City's slaughterhouse.

So whenever my spirit gets all riled up, I ask myself: which cowboy's ridin' me today? Is it anger, resentment, selfishness, dishonesty, or fear? Spotting that cowboy's just the beginnin'—the first step to stayin' outta that doomed herd marchin' toward the butchery.

Happy trails my friends!

**Hopesy**



## The 9th Step Promises

"If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us — sometimes quickly, sometimes slowly. They will always materialize if we work for them."

AA Big Book pgs 83-84



### Spiritual Principle

**JUSTICE, HUMILITY, RESPONSIBILITY AND BROTHERLY LOVE**

### RECOVERY: Step Nine

**“Made direct amends to such people wherever possible, except when to do so would injure them or others.”**

### UNITY: Tradition Nine

**A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.**

### SERVICE: Concept IX

**Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.**

# August Birthdays

## Clean and Sober

Scott S. - 1 year  
Mike M.- 8 years  
Jim F. - 13 years

## Easy Does It

Rusty P.- 1 year  
Terri M.- 27 years

## FNYP

Matt Z. - 13 years

## It's A Good Deal

Shayna- 9 years  
Nicole O. - 18 years

## On The Rocks

Eric D. 1 year  
Odette C. 14 years  
Nicole H. 18 years  
Daniel V. 26 years

## Seekers

Ray O- 30 years

## Sunday Eye Openers

Alfonso A- 3 years  
Noreen L. - 36 years  
Kerry K. - 37 years

## There Is A Solution

Amanda Z- 4 years

## Tuesday Night Ladies

Caitlin W. - 1 year

## Unity Group

Brian H.- 1 year

## Women In The Book

Patty M. - 35 years

happy sobriety  
**Birth**day

## -----Birthday Events-----

Let us celebrate your Sobriety with you every Third Saturday at Into Action Fellowship or every last Saturday of the month at All Groups Birthday!

238 TRAVIS COURT  
SUISUN CITY, CA 94585

*Into Action Fellowship*  
**BIRTHDAY NIGHT**

*Hybrid* ZOOM ID: 821 2943 4002  
PASSWORD: SOBERIAF

EVERY THIRD SATURDAY OF THE MONTH!  
DOORS OPEN @ 5:30PM  
POTLUCK @ 6PM  
MEETING STARTS 7PM

PLEASE BRING A DISH TO SHARE!  
SEE/CONTACT GEN IF YOU'D LIKE BE OF SERVICE  
510-269-3564

ON THE ROCKS HOSTS:  
**ALL GROUPS BIRTHDAY NIGHT**  
**HALLOWEEN EDITION**  
**SATURDAY**  
**October 25, 2025**  
**Starts @ 8pm**

Community Presbyterian Church  
425 Hemlock St.,  
Uacaville

**SPEAKER**  
**SARA A.**  
**FROM**  
**RICHMOND**

Costumes Encouraged

Cathy's Killer Cupcakes provided

Birds of a Feather Flock Together

### Intergroup Activity

12 Step Calls	0
Al-Anon Calls	0
Alateen Calls	0
Information	9
Sales	43
Visitors	109

### Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	Tim
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator Chair & Co-Chair	Christina S. Monique G.
Member at Large	Jeannie S.	Marathon Meetings	Ralph M.
Member at Large	Lee W.	Website	Zoey G.
Member at Large	Drew H.	Happenings	Zoey G.

### Intergroup Volunteers

Ken M.	John P.
DeDe F.	Richard B.
Darren R.	Jeanne
Sheila	Carole D.
Dave G.	Daphne
Linda	Susan
Bill Mc.	Monica
Dave H.	



### Service Meetings

#### NSIG Delegate Meeting:

7pm-3rd Wednesday of each month

#### Hospitals and Institutions Meeting:

7pm- 2nd Wednesday of each month

#### District 90 Meeting:

7pm- 1st Wednesday of each month

#### Public Information/Cooperation with the Professional Community Meeting:

7pm- 1st Thursday of each month

#### Bridging the Gap:

7pm- 2nd Tuesday of each month

#### Literature/Grapevine Meeting:

7pm- 4th Thursday of each month

*The Ninth Step Prayer*

**GOD, WITH REGARD TO THIS AMEND, GIVE ME THE STRENGTH, COURAGE AND DIRECTION TO DO THE RIGHT THING, NO MATTER WHAT THE PERSONAL CONSEQUENCES MAY BE. HELP ME NOT TO SHRINK FROM ANYTHING. HELP ME NOT TO DELAY IF IT CAN BE AVOIDED. HELP ME TO BE SENSIBLE, TACTFUL, CONSIDERATE AND HUMBLE WITHOUT BEING SERVILE OR SCRAPING**

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# GROUP CONTRIBUTIONS

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<b>Name</b>	<b>Amount</b>
Easy Does It	70.25
Men's Stag	40.00
Tuesday Night Ladies	71.52
Clean & Sober	44.83
Group 86	93.50
HOW Group	107.10
On the Rocks	168.04
Into Action Fellowship	200.00
Got Resentment	193.00
Dixon Dry Dock	69.86
Rio Vista Joe & Charlie	120.00
	<hr/>
	1,178.10

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**THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!**

*“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”*

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

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# TREASURER'S REPORT

## North Solano Intergroup of AA-Income and Expenses August 2025

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	<u>Aug 25</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
<b>Income</b>	
Group Contributions	1,178.10
Individual Contributions	57.65
	<hr/>
<b>Total Income</b>	1,235.75
<b>Invoice/Office Sales</b>	
Group Purchase	797.55
Individual Purchase	489.49
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<b>Total Invoice/Office Sales</b>	1,287.04
<b>Other Types of Income</b>	
Coffee Box	54.40
Rents of IG Office	70.00
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<b>Total Other Types of Income</b>	124.40
	<hr/>
<b>Total Income</b>	2,647.19
<b>Expense</b>	
<b>Facilities and Equipment</b>	
Rent	3,400.00
Utilities	231.87
	<hr/>
<b>Total Facilities and Equipment</b>	3,631.87
<b>Operations</b>	
Telephone, Telecommunications	386.81
	<hr/>
<b>Total Operations</b>	386.81
<b>Other Types of Expenses</b>	
Annual Picnic Expenses	215.46
	<hr/>
<b>Total Other Types of Expenses</b>	215.46
<b>Sales Inventory</b>	
Literature/Books/Pamphlets	227.07
Recovery Chips Refund	105.00
	<hr/>
<b>Total Sales Inventory</b>	332.07
	<hr/>
<b>Total Expense</b>	4,566.21
<b>Net Ordinary Income</b>	-1,919.02
<b>Other Income/Expense</b>	
Other Income	
Interest	0.11
	<hr/>
<b>Total Other Income</b>	0.11
	<hr/>
<b>Net Other Income</b>	0.11
	<hr/>
<b>Net Income</b>	<b>-1,918.91</b>
	<hr/> <hr/>

# UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS & SERVICE OPPORTUNITIES

See  
<https://aasolanonorth.org/announcements-and-events/> for **all** current flyers, announcements and events!

**WANT TO SPONSOR AN AA MEMBER IN PRISON?**

IT'S EASIER THAN YOU THINK!  YOUR ANONYMITY IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons. In order to understand this need, all you need to ask yourself is:

Could I have gotten sober without the help of a sponsor?  
If your answer is 'maybe not', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other inmates in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside/Outside Sponsorship Service (IOSS).

**ANONYMOUSLY SPONSOR AN AA MEMBER IN PRISON FROM THE SECURITY & CONVENIENCE OF YOUR HOME**  
(Due to prison regulations, meeting volunteers are unable to enter prisons of the facility where the volunteer)

The requirements for IOSS volunteers are:  
1) Minimum five years' sobriety 2) Solid sponsorship experience 3) Knowledge & practice of AA's Steps & Traditions 4) Willingness to anonymously track, receive phone calls and recharge letters.  
\*\* We match same gender sponsors, but ANONIME can help us with recruiting efforts. "

For more information: EMAIL US AT: [HANDLIVOS@GMAIL.COM](mailto:HANDLIVOS@GMAIL.COM)



!!TELL YOUR FRIENDS, TELL YOUR SPONSSEES, TELL YOUR SPONSOR!!

**I AM RESPONSIBLE**  
When anyone reaches out for help, I want the best of AA always to be there.  
And for that, I am responsible.  
A service of the National Hospital & Institution Committee (NHIC)

**Calling all H&I Representatives AREA 51**  
Invites you to attend



OUR MONTHLY MEETING AT  
413 WILLIAMS ST, VACAVILLE  
2ND WEDNESDAY OF THE  
MONTH AT 7PM

**DOWNLOAD THE MEETING GUIDE APP ON YOUR PHONE**

Stay connected wherever you go. Find meetings anywhere, anytime. Go to: <https://www.aa.org/meeting-guide-app> to download.



## EVENT HOSTS NEEDED

Christina S. and Monique G. have stepped up to be NSIG Event Coordinators- However, Intergroup is asking if there are any individuals/groups who would like to take on the annual Holiday party and help host it. **We do nothing alone in AA.**

## HALLOWEEN PARTY

SATURDAY OCT. 11TH  
DOORS OPEN AT 5PM  
1875 FAIRFIELD AVE  
FAIRFIELD CA, 94533

## HOLIDAY PARTY

SATURDAY DEC. 20TH  
1000 KENTUCKY ST.  
FAIRFIELD CA, 94533

DOWNLOAD THE  
AAGRAPEVINE APP  
TO YOUR PHONE



iPhone Users Scan:



Android Users Scan:



## INTO ACTION FELLOWSHIP BIRTHDAY NIGHT

Every third Saturday of the month. Doors open at 5:30pm, Potluck at 6:00pm, Meeting at 7pm

Zoom ID: 821 2943 4002  
PW: SOBERIAF

238 Travis Court  
Suisun City, CA 94585

## ALL GROUPS BIRTHDAY

Let us celebrate your Sobriety with you every last Saturday of the month at All Groups Birthday!  
425 Hemlock st.  
Vacaville CA, 95688

**SEPTEMBER BIRTHDAYS;**  
HOSTED BY GROUP 86  
DOORS OPEN AT 7PM,  
MEETING AT 8PM

## DOWNLOAD THE NEW GENERAL SERVICE APP!



<https://generalservice.app/>

## HAPPENINGS SUBMISSIONS

Email submissions to:  
[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)  
\*\*Note: Sobriety Birthday submissions are for the month prior to the month of issue!\*\*

**Deadline for birthday submissions is the 10th of the month by 2pm**

## NORTH SOLANO INTERGROUP EMAIL CONTACTS

**General Mailbox-Intergroup Office**  
[nsigmain@att.net](mailto:nsigmain@att.net)

**Intergroup Board of Directors**  
[nsigboard@att.net](mailto:nsigboard@att.net)

**Literature Related Info**  
[nsigliterature@att.net](mailto:nsigliterature@att.net)

**Web Chairperson**  
Inquiries/Flyers/Announcements  
[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)

## NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,  
Vacaville, CA 95696  
Main Number: (707) 446-2244  
Email:  
[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)  
Regular Business Hours:  
Monday-Friday 10am-2pm,  
Monday 7-9pm



**Literature, Birthday chips, etc.  
available at North Solano Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

**Monday - Friday 10am-2pm  
Monday Evening 7pm-9pm**

## What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



## *Looking to be of service at North Solano Intergroup?*

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates and is currently looking for a desk worker for Wednesdays (10am-2pm). 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP  
NOW?  
CALL  
(707)  
446-2244**

# Want to share a story with us?

**North Solano wants to hear it!** Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to [nsighappenings@gmail.com](mailto:nsighappenings@gmail.com) and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,  
Zoey G.

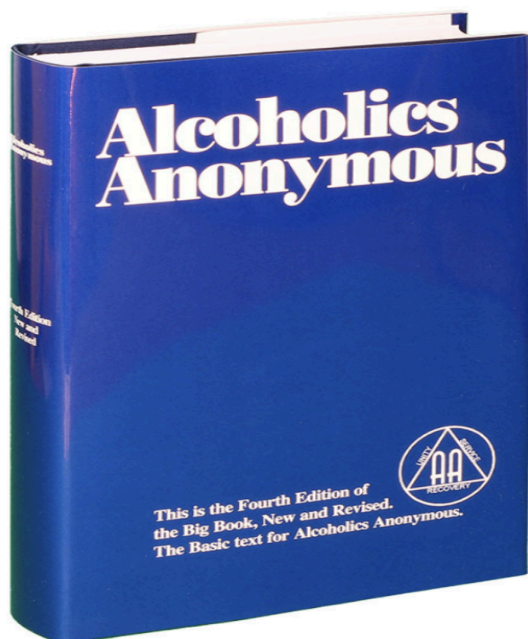
## NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: [aasolanonorth.org](http://aasolanonorth.org)

(MONTH) 2025

### —YOUR STORY HERE—



*Alcoholics Anonymous Fourth Edition (2001)*

**Rarely have we seen a person fail who has thoroughly followed our directions.** Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]