

NSIG HAPPENINGS

VOLUME: 39 ISSUE: 08

WEBSITE: aasolanonorth.org

AUGUST 2025



“Steps 8 & 9 open the doors to a brand New World free of guilt and shame.”

CHAIRPERSON’S MESSAGE

Hello all,

I hope this message finds you well and in good spirits. Summer is in full swing, and it’s been a pleasant surprise that we haven’t had the usual streaks of extreme heat. It’s given us more chances to be outside and truly enjoy the season while we can.

It’s the little things—like this—that I used to overlook when I was in my disease. Today, I wholeheartedly appreciate them. Sobriety brings so many gifts, and even more when we’re actively working a program of recovery. I’m especially grateful for the three sides of our triangle: service, unity, and recovery.

NSIG Halloween Party Planning Is Underway!

We’re gearing up for an epic celebration, and planning is already in motion. Flyers will be distributed at the Delegates Meeting and will also be available—along with all other event flyers—on our website at aasolanonorth.org.

Be sure to mark your calendars for Saturday, October 11th—you won’t want to miss this spooktacular event!

8th month allows us the opportunity to look at and work the 8th step and 8th tradition.

Step Eight: The Courage to Repair

“Made a list of all persons we had harmed, and became willing to make amends to them all.”

Step Eight marks a pivotal moment in recovery—where reflection turns into responsibility. Members are asked to create a thorough list of those they’ve harmed during their addiction and cultivate a genuine willingness to make amends. This step is not about rushing into apologies, but about preparing emotionally and spiritually to face the consequences of past actions.

- ◆ Purpose: Begin healing relationships and take accountability

- ◆ Challenges: Shame, fear of rejection, and resentment can surface

- ◆ Support: Sponsors and fellowship help guide the process

- ◆ Outcome: Builds humility, compassion, and readiness for Step Nine

This step is often described as the bridge between inner healing and outward action—a courageous inventory of the wreckage left behind, and a commitment to clean it up.

Tradition Eight: Service, Not Salary

“Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

Tradition Eight safeguards the spirit of volunteerism in AA. Twelfth Step work—helping another alcoholic—is never paid. AA members share their experience freely, without financial incentive, preserving the authenticity and equality of the fellowship.

- ◆ Core Principle: Recovery is shared, not sold

- ◆ Clarification: AA may hire staff (e.g., secretaries, janitors) for logistical support

- ◆ Boundary: Paid roles must not involve counseling or Twelfth Step work

- ◆ Why It Matters: Keeps AA rooted in humility, service, and spiritual integrity

This tradition ensures that AA remains a peer-led movement, where help is offered from the heart—not for hire.

We look forward to seeing all your Delegates and Committee Chairs at our monthly meeting, held on the third Wednesday of every month at 7 PM!

Yours in Service,

Corinne J, aka CJ

DISTRICT 90 DCMC REPORT



Step 8 involves examining our past wrongs. It is how we develop the best possible relations with everyone we know.

We never really finish. With our newfound knowledge of ourselves, we will develop the best possible relations with EVERY being of whatever description, and it is a fascinating adventure.

I have examined the human wreckage I left and tried not to create more. My behavior can aggravate the defects of others. My purposeful forgetting will always harm not just others but myself. I can do this sober. A quiet and steadfast view of my faults will help me remain peaceful and right-sized. General Service has given me a more profound desire for the work I still need to do to keep AA safe from me.

Tradition 8 is about being in a service organization that is obedient to the unenforceable. We live by example, not by mandate.

Having the honor and privilege to attend the World Conference in Vancouver and hearing a call at the opening of each meeting for a moment of silence for the 90 years of recoveries was, to say the least, moving. I am blessed to serve in a small way in a part of AA, which

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has enabled us to stay around for that length. Great suffering and great love have kept me doing chores that I am asked to do to bring sobriety to those who want it.

At this time, I would like to recognize our North Solano Intergroup for the great job they do, which serves the same purpose. We are thrilled to be sober and serve with a great team of trusted servants!

In LOVE and service
debra lyn

DCMC District 90
Panel 75

Having carefully surveyed this whole area of human relations, and having decided exactly what personality traits in us injured and disturbed others, we can now commence to ransack memory for the people to whom we have given offense. To put a finger on the nearby and most deeply damaged ones shouldn't be hard to do. Then, as year by year we walk back through our lives as far as memory will reach, we shall be bound to construct a long list of people who have, to some extent or other, been affected. We should, of course, ponder and weigh each instance carefully. We shall want to hold ourselves to the course of admitting the things we have done, meanwhile forgiving the wrongs done us, real or fancied. We should avoid extreme judgments, both of ourselves and of others involved. We must not exaggerate our defects or theirs. A quiet, objective view will be our steadfast aim.

Whenever our pencil falters, we can fortify and cheer ourselves by remembering what A.A. experience in this Step has meant to others. It is the beginning of the end of isolation from our fellows and from God.

Twelve Steps and Twelve Traditions, Step 8, p. 81-82

12 STEP PROMISES

WE ARE GOING TO KNOW A NEW FREEDOM AND A NEW HAPPINESS.

WE WILL NOT REGRET THE PAST NOR WISH TO SHUT THE DOOR ON IT.

WE WILL COMPREHEND THE WORD SERENITY.

WE WILL KNOW PEACE.

NO MATTER HOW FAR DOWN THE SCALE WE HAVE GONE WE WILL SEE HOW OUR EXPERIENCE CAN BENEFIT OTHERS.

THAT FEELING OF USELESSNESS AND SELF-PITY WILL DISAPPEAR.

WE WILL LOSE INTEREST IN SELFISH THINGS AND GAIN INTEREST IN OUR FELLOWS.

SELF-SEEKING WILL SLIP AWAY.

OUR WHOLE ATTITUDE AND OUTLOOK UPON LIFE WILL CHANGE.

FEAR OF PEOPLE AND ECONOMIC INSECURITY WILL LEAVE US.

WE WILL INTUITIVELY KNOW HOW TO HANDLE SITUATIONS WHICH USED TO Baffle US.

WE WILL SUDDENLY REALIZE THAT GOD IS DOING FOR US WHAT WE COULD NOT DO OURSELVES.

NORTH SOLANO STORIES

SUNDAY CLOSING TALK/2025 International Convention

The future of Alcoholics Anonymous is up to each one of us. Whether A.A. is here in the future for the still suffering alcoholic will depend upon the efforts of us all. I said on Friday night that we had this opportunity to celebrate and experience the joy of our recovery. And we have. I also said it was an opportunity to re-energize our commitment to carry our message to the suffering alcoholic. It is now time to carry that energy forward.

In the book *Alcoholics Anonymous Comes of Age*, Bill speaks of what is required of us as A.A. members - a sacrifice of much time and little money. When I look up the word sacrifice in the dictionary, it says giving up something of value for something with a higher calling. So, a sacrifice of time is not my spare time, because spare time, like spare change, has little value. A sacrifice of time is the time where I might prefer to be doing something else.

Every minute I have had for the past 26 1/2 years has been given to me by Alcoholics Anonymous. But for Alcoholics Anonymous, I would not have seen my children finish elementary school, graduate from high school, graduate from university, get married. I would not have seen my grandchildren born. I would not have had the opportunity to laugh and cry with my family and friends. I would not have the best friend that I do. When I think of the time I give to Alcoholics Anonymous, I must ask myself, as you may ask yourself, am I really making a sacrifice for Alcoholics Anonymous? For me, that one hour where I go to my homegroup is not a sacrifice. Nor are the 2 or 3 or 4 hours I attend other meetings. If I am involved in service outside of my home group, whether that is acting as a General Service Representative, taking a meeting into a hospital or prison, volunteering with a Central Office or Intergroup, or meeting with Sponsees, this may be the beginning of a sacrifice. But even if I do that for 10 hours a week, that is less than 6% of my time in a week. Would I gladly give up 6% of my time to spend the other 94% with my family? Would my family happily give up 6% of my time for another 26 1/2 years with me? Would I gladly give up 6% of my time to have this life? Would I happily give up twice that? For me, I would gladly give up much more than that. This life is worth far more than that.

All of the money in my pocket today was earned by me in the last 26 1/2 years. A dead man would have no money in his pockets. Everything I have, I owe to Alcoholics Anonymous. When I put money in the basket, I am simply giving back to Alcoholics Anonymous a very small fraction of what Alcoholics Anonymous has actually given to me. When the basket comes by, when there is an opportunity to be of service, I ask myself, what am I willing to sacrifice to help save that still suffering alcoholic from dying an alcoholic death? I find I am often not satisfied with my own answer.

What I know is there are tens of millions of alcoholics who need our help. Am I willing to sacrifice a few things: time, money, my opinions, my need to be right? I ask myself, am I really a different person than I was when I got to Alcoholics Anonymous, or am I still concerned with my own comfort, my own wants and needs, my own decisions about what I must have in order to have a good life? Again, sometimes I am not happy with my own answer.

When I look around this stadium at the thousands of people whose lives have not simply been restored, but the thousands of people who have been given new lives, lives with purpose and meaning, freedom and joy. I ask myself, and I ask each of you, what will I report when we gather five years from now at our next International Convention? What will I report about the sacrifices that I have been willing to make to help some alcoholic I will never meet avoid being doomed as we once were? What will I report that I have done to help that person be given the opportunity for a new life the way we have been given that opportunity.

This has been a joyous time. A time where we have been able to celebrate these new lives. We have done much good while we have been here, but there is much work to be done before we can each report back next time. I look forward to hearing those reports from you when we next gather like this. I would also be delighted to hear your reports along the way because we will surely meet as we trudge this road of happy destiny.

May God bless you and keep you until then.

NSIG STORIES CONT.

One Alcoholic Talking to Another

Last year, I went on my first-ever cruise. It was a wonderful experience. My husband, my son, his friends, and I spent three days sailing to the Mexican Riviera. We enjoyed short excursions, delicious food, fun entertainment, shopping, and even tried out the casino for a bit.

I had been worried beforehand about all the alcohol on board. As an alcoholic with 40 years of sobriety, I wasn't sure how I would handle being surrounded by booze. And there was a lot of booze. People were determined to make the most of their drink packages. I realized quickly that I would have been passed out in my cabin by the time most of them were just getting started. My son and his friends drank, but it didn't bother me.

One night, my son told me about a bar that served both regular alcoholic drinks and mocktails that tasted like the real thing. He wanted us to come with them. I thought about it, but decided it wasn't a good idea. Bars were where I drank, and I hadn't had an alcoholic beverage – or even one that tasted like alcohol – in 40 years. It was better to keep it that way.

The next day, I discovered there were Friends of Bill meetings on board. Who knew you could find an AA meeting even at sea? I decided to go, but I was very directionally challenged and kept getting lost on the ship. Eventually, I found a room that looked like it might be the right place. I was early, so I sat down and waited. The meeting time came and went, and I was about to leave when a lady walked in and asked if it was Friends of Bill. I told her I thought so, but maybe it was the wrong room. She shrugged and sat down anyway.

We started talking. That's when I was reminded what AA is really about: one alcoholic talking to another. When Bill W. started it all, there was no Big Book, no formal steps, just one alcoholic helping another. This woman shared her story. She had been sober for many years, but stopped going to meetings during the pandemic and never really went back. She said she felt uncomfortable when she tried again. I understood that feeling completely.

We ended up talking for almost two hours, about sobriety, life, feelings, everything. Before we left, I encouraged her to go back to meetings, comfortable or not. We gave each other a big hug, and I walked away feeling so uplifted and grateful. We didn't exchange names or contact information, but I hope she went back to meetings and stayed sober.

That day reminded me again why AA works: not the books, steps, or slogans alone, but simply one alcoholic talking to another. Even in the wrong room on a giant ship, I found exactly what I needed.

Teresa W

Spiritual Principle

LOVE

RECOVERY: Step Eight

“Made a list of all the persons we had harmed and became willing to make amends to them all.”

UNITY: Tradition Eight

"Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers"

SERVICE: Concept VIII

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

July Birthdays

11th Step

Nick S. -1 year

Clean and Sober

Jack C- 1 year
Chris C- 14 years
Belinda- 24 years

FNYP

Rob B.-11 years

Got Resentment

Jack C.- 1 year
Chase- 3 years
DeDe F.- 19 years
Shawn O.- 11 years

IAF

Cris- 1 year
Bryon- 1 year
Ron S. - 3 years
Allison M.- 4 years
Carolyn- 7 years
Mary- 12 years
Michelle- 12 years
Richard H. - 21 years
Al- 30 years
Tony W.- 33 years

It's A Good Deal

Manuel W. - 1 year
Michelle H.- 2 years
Christopher D. - 3 years
Don C. - 11 years
Bob W. - 36 years

On The Rocks

Bryon S. -1 year
Diana G. -2 years
May G. - 10 years
Jordan- 14 years
Richard H.-21 years
Sharon- 28 years
Tracy P.-36 years

Sunday Eye Openers

Chance Z. 2 years
Regina P. 4 years
Claudia W. 8 years
Gina K.19 years
Sandy S. 38 years

Tuesday Night Ladies

Michelle H. - 2 years

There Is A Solution

Colleen W. - 1 year

happy sobriety Birthday

Let us celebrate your Sobriety with you every Third Saturday at Into Action Fellowship or every last Saturday of the month at All Groups Birthday!



238 TRAVIS COURT
SUISUN CITY, CA 94585

Into Action Fellowship
BIRTHDAY NIGHT

Hybrid ZOOM ID: 821 2943 4002
PASSWORD: SOBERIAF

EVERY THIRD SATURDAY OF THE MONTH!
DOORS OPEN @ 5:30PM
POTLUCK @ 6PM
MEETING STARTS 7PM

PLEASE BRING A DISH TO SHARE!
SEE/CONTACT GEN IF YOU'D LIKE BE OF SERVICE
510-269-3564

All Groups Birthday Speaker Meeting



Paul C.
From West Sacramento

Clean and Sober group invites you
for fellowship, treats, and a good time!

Doors at 7pm, Meeting at 8pm



August 30th, 2025
425 Hemlock, Vacaville CA.



HAPPENINGS SUBMISSIONS

EMAIL SUBMISSIONS TO:

nsighappenings@gmail.com

****Note: Sobriety Birthday Submissions are for the month prior to the month of the issue.****

Deadline is the 10th of the month by 2pm

Intergroup Activity

12 Step Calls	4
Al-Anon Calls	0
Alateen Calls	0
Information	18
Sales	33
Visitors	111

Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	Tim
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator Chair & Co-Chair	Christina S. Monique G.
Member at Large	Jeannie S.	Marathon Meetings	Ralph M.
Member at Large	Lee W.	Website	Zoey G.
Member at Large	Drew H.	Happenings	Zoey G.

Intergroup Volunteers

Ken M.	John P.
DeDe F.	Richard B.
Darren R.	Jeanne
Sheila	Carole D.
Dave G.	Daphne
Linda	Susan
Bill Mc.	Monica
Dave H.	



Service Meetings

NSIG Delegate Meeting:

7pm-3rd Wednesday of each month

Hospitals and Institutions Meeting:

7pm- 2nd Wednesday of each month

District 90 Meeting:

7pm- 1st Wednesday of each month

Public Information/Cooperation with the Professional Community Meeting:

7pm- 1st Thursday of each month

Bridging the Gap:

7pm- 2nd Tuesday of each month

Literature/Grapevine Meeting:

7pm- 4th Thursday of each month

A Pre-Eighth Step Prayer

GOD, PLEASE REMOVE MY FEARS AND SHOW ME YOUR TRUTH. SHOW ME ALL THE HARMS I HAVE CAUSED WITH MY BEHAVIOR AND HELP ME BE WILLING TO MAKE AMENDS TO ONE AND ALL. HELP ME TO BE WILLING TO GO TO ANY LENGTHS FOR VICTORY OVER ALCOHOL.

GROUP CONTRIBUTIONS

Name	Amount
1st Traditions Group	50.00
Friends of Bill W	45.88
Clean & Sober	127.41
Tuesday Night Ladies	41.03
Group 86	50.15
Sunday Eye Openers	292.46
Dixon Promises Group	40.00
HOW Group	68.60
Easy Does It	100.50
There is a Solution	159.25
On the Rocks	160.99
Women in the Book	70.00
Men's Stag	9.00
Seekers	370.36
Winter's Kitchen Table	130.25
Into Action Fellowship	200.00
	<hr/>
	1,915.88

THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

TREASURER'S REPORT

North Solano Intergroup of AA-Income and Expenses July 2025

	<u>Jul 25</u>
Ordinary Income/Expense	
Income	
Income	
Group Contributions	1,915.88
Total Income	<u>1,915.88</u>
Invoice/Office Sales	
Group Purchase	626.05
Individual Purchase	210.91
Total Invoice/Office Sales	<u>836.96</u>
Other Types of Income	
Coffee Box	36.85
Rents of IG Office	110.00
Total Other Types of Income	<u>146.85</u>
Total Income	2,899.69
Expense	
Business Expenses	
Business Registration Fees	25.00
Total Business Expenses	<u>25.00</u>
Facilities and Equipment	
Rent	1,700.00
Utilities	278.49
Total Facilities and Equipment	<u>1,978.49</u>
Operations	
Supplies	202.29
Telephone, Telecommunications	386.81
Total Operations	<u>589.10</u>
Other Types of Expenses	
Annual Picnic Expenses	91.66
Other Costs	18.54
Total Other Types of Expenses	<u>110.20</u>
Sales Inventory	
Literature/Books/Pamphlets	940.30
Recovery Chips	168.12
Total Sales Inventory	<u>1,108.42</u>
Total Expense	<u>3,811.21</u>
Net Ordinary Income	-911.52
Other Income/Expense	
Other Income	
Interest	0.11
Total Other Income	<u>0.11</u>
Net Other Income	0.11
Net Income	<u><u>-911.41</u></u>

UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS & SERVICE OPPORTUNITIES

See
<https://aasolanonorth.org/announcements-and-events/> for **all** current flyers, announcements and events!

WANT TO SPONSOR AN AA MEMBER IN PRISON?

IT'S EASIER THAN YOU THINK!  YOUR ANONYMITY IS PROTECTED!

There's a vital need for AA members from the outside to sponsor AA members in prisons. In order to understand this need, all you need to ask yourself is:

Could I have gotten sober without the help of a sponsor?
If your answer is 'maybe not', then you understand the vital need.

Inside members frequently tell our volunteers they're not comfortable sharing their deepest secrets with other inmates in prison due to the chance that the information may not remain confidential. The consequences of the wrong information being revealed on the inside can be catastrophic. This is why H&I pioneered our groundbreaking Inside/Outside Sponsorship Service (IOSS).

ANONYMOUSLY SPONSOR AN AA MEMBER IN PRISON FROM THE SECURITY & CONVENIENCE OF YOUR HOME
(Due to prison regulations, meeting volunteers are unable to complete the job fully when they volunteer)

The requirements for IOSS volunteers are:
1) Minimum five years' sobriety 2) Solid sponsorship experience 3) Knowledge & practice of AA's Steps & Traditions 4) Willingness to anonymously track, receive phone calls and message letters. "We match same gender sponsors, but ANONYMOUS can help us with recruiting efforts."

For more information: **EMAIL US AT: HAND.IVSS@GMAIL.COM**



!!TELL YOUR FRIENDS, TELL YOUR SPONSOR, TELL YOUR SPONSOR!!

I AM RESPONSIBLE
When anyone reaches out for help, I want to lend a hand always to be there. And for that, I am responsible.
A service of the National Hospital & Institution Committee (NHIC)

Calling all H&I Representatives AREA 51

Invites you to attend



OUR MONTHLY MEETING AT 413 WILLIAMS ST. VACAVILLE 2ND WEDNESDAY OF THE MONTH AT 7PM

DOWNLOAD THE MEETING GUIDE APP ON YOUR PHONE

Stay connected wherever you go. Find meetings anywhere, anytime. Go to: <https://www.aa.org/meeting-guide-app> to download.



EVENT HOSTS NEEDED

Christina S. and Monique G. have stepped up to be NSIG Event Coordinators- However, Intergroup is asking if there are any individuals/groups who would like to take on the annual Holiday party and help host it. **We do nothing alone in AA.**

BRIDGING THE GAP

BRIDGING THE GAP MEETINGS ARE BACK AT THE INTERGROUP OFFICE AND ARE CURRENTLY IN NEED OF BTG REPS FOR HOMEGROUPS AND VOLUNTEERS.

7PM- 2ND TUESDAY OF EACH MONTH

HALLOWEEN PARTY

SATURDAY OCT. 11TH
DOORS OPEN AT 5PM
1875 FAIRFIELD AVE
FAIRFIELD CA, 94533

HOLIDAY PARTY

SATURDAY DEC. 20TH
1000 KENTUCKY ST.
FAIRFIELD CA, 94533

DOWNLOAD THE NEW GENERAL SERVICE APP!



<https://generalservice.app/>

INTO ACTION FELLOWSHIP BIRTHDAY NIGHT

Every third Saturday of the month. Doors open at 5:30pm, Potluck at 6:00pm, Meeting at 7pm

**Zoom ID: 821 2943 4002
PW: SOBERIAF**

238 Travis Court
Suisun City, CA 94585

ALL GROUPS BIRTHDAY

Let us celebrate your Sobriety with you every last Saturday of the month at All Groups Birthday!
425 Hemlock st.
Vacaville CA, 95688

AUGUST BIRTHDAYS; HOSTED BY CLEAN AND SOBER, DOORS OPEN AT 7PM, MEETING AT 8PM

DOWNLOAD THE AAGRAPEVINE APP TO YOUR PHONE

AAGRAPEVINE

The International Journal of Alcoholics Anonymous

iPhone Users Scan:



Android Users Scan:



HAPPENINGS SUBMISSIONS

Email submissions to:
nsighappenings@gmail.com

****Note: Sobriety Birthday submissions are for the month prior to the month of issue!****

Deadline for birthday submissions is the 10th of the month by 2pm

NORTH SOLANO INTERGROUP EMAIL CONTACTS

General Mailbox-Intergroup Office
nsigmain@att.net

Intergroup Board of Directors
nsigboard@att.net

Literature Related Info
nsigliterature@att.net

Web Chairperson
Inquiries/Flyers/Announcements
nsighappenings@gmail.com

NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,
Vacaville, CA 95696
Main Number: (707) 446-2244
Email:
nsighappenings@gmail.com
Regular Business Hours:
Monday-Friday 10am-2pm,
Monday 7-9pm



**Literature, Birthday chips, etc.
available at North Solano Intergroup**

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

**Monday - Friday 10am-2pm
Monday Evening 7pm-9pm**

What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community – just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office – and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives.



Looking to be of service at North Solano Intergroup?

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.

The Intergroup Office is always looking for alternates and is currently looking for a desk worker for Wednesdays (10am-2pm). 2 year sobriety requirement. Contact the Office Manager for more information and to be of service.

**NEED HELP
NOW?
CALL
(707)
446-2244**

Want to share a story with us?

North Solano wants to hear it! Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to nsighappenings@gmail.com and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,
Zoey G.

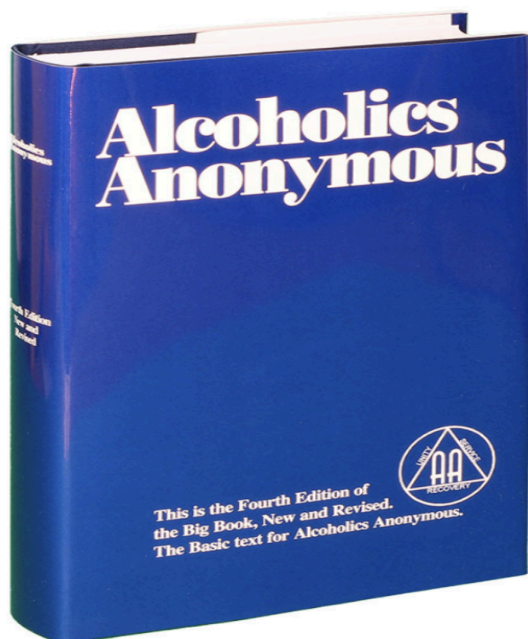
NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: aasolanonorth.org

(MONTH) 2025

—YOUR STORY HERE—



Alcoholics Anonymous Fourth Edition (2001)

Rarely have we seen a person fail who has thoroughly followed our directions. Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]