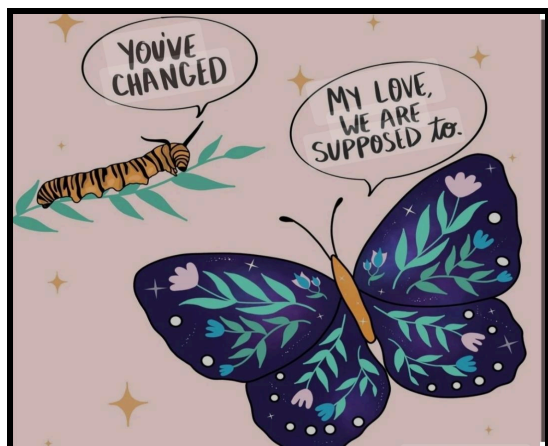


# NSIG HAPPENINGS

VOLUME: 39 ISSUE: 04

WEBSITE: [aasolanonorth.org](http://aasolanonorth.org)

APRIL 2025



## CHAIRPERSON'S MESSAGE

**Corinne J.**

Hope this message finds you well and in good spirits. We are officially into a new season—spring! Blessed by the beautiful green hills that surround our area, I often reflect on the things I once took for granted and the little things that are so significant today, like nature and the ability to be present. This month marks the changing of a season, a time when some prioritize cleaning or perhaps a reset of their program. Whether it's completing the steps again, diving deeper into traditions, or even exploring the concepts, spring cleaning is a traditional practice of thoroughly cleaning a house in the springtime. It's often seen as a way to refresh the home and symbolize the transition from winter to spring. What is on your heart to spring clean and change? Is it mental, physical, or spiritual? Or like a good alcoholic, all of the above!

Some exciting things have transpired since our last Delegates meeting in March. We encourage all groups to send your Intergroup Representatives to the meeting held on the 3rd

Wednesday of every month at 7 pm so you can get updates on area meetings, events, and opportunities to serve. We have a new Event Coordinator, Christina S., as well as a Co-Event Chair, Monique G. Friday Night Young Peoples has stepped up for the summer picnic being held Sunday, June 8th at Pena Adobe Park. Flyers will start circulating soon! If you want to be of service, contact myself, Cathy C., or the Intergroup Office to get contact information for our Event Chairs. Thank you, FNYP, for stepping up. These events are a great time to bring our families to fellowship and show how we have fun in recovery.

In honor of our 4th month, here is a summary of Step and Tradition 4;

**Step 4:** Made a Searching and Fearless Moral Inventory of Ourselves

Step 4 of Alcoholics Anonymous involves taking a deep, honest look at oneself. This step requires individuals to examine their thoughts, emotions, and behaviors that have contributed to their addiction and the impact these have had on their lives and relationships. The goal is to identify and acknowledge character flaws, resentments, fears, and harmful actions, which is essential for personal growth and recovery.

**Tradition 4:** Each Group Should be Autonomous Except in Matters Affecting Other Groups or AA as a Whole  
Tradition 4 emphasizes the autonomy of each AA group, allowing them to manage their own affairs independently. However, it also highlights the importance of considering the welfare of other groups and the AA fellowship as a whole when making decisions. This tradition ensures that while groups have the freedom to operate as they see fit, they must also be mindful of their impact on the broader AA community.

Looking forward to this change of the season and the new opportunities it will bring.

Thank you for supporting North Solano Intergroup!

Corinne J, aka CJ

# DISTRICT 90 DCMC REPORT

Unity Day was a reminder of the power of working together and the importance of increasing trust within a community. Trust is the foundation upon which strong relationships are built, allowing individuals to support one another in their journeys.

Our conference this year is about working together and increasing trust. Are we doing that?

The pre-conference assembly was a pleasure to watch the well-attended District 90 members spiritually awoken to this and be responsible. Do you care about what's going on in alcoholics in such a time as this? A lot is happening worldwide, and we must keep our program democratic. This means that we need to be involved, responsible, and care to keep us alive for 100 more years for the next alcoholic who is sick and suffering.

One question at the conference was, "Is this still Bill and Bob's AA?" My first thought was, of course. I have a little bit of an attitude in my mind and thank God I have learned to keep my thoughts to myself. My first thought was wrong.

Bill and Bob turned the fellowship over to us. It is our AA. They recognized they would not be around forever, and neither will I.

What are we doing to keep this safe and secure? Does your group have a GSR? Is your voice being heard? Can you play with others in a way that opens your mind up to other things? What is the minority opinion?

These are all questions that we need to ask ourselves. Our district is strong, and I want it to stay that way. We have a wonderful panel, but we need everyone to pitch in.

Responsibility declaration is significant for survival.

When anyone anywhere reaches out for help, I want the hand of AA always to be there. For that I am responsible. Who is the I in the we?

The steps, traditions, and concepts make this not a self-help program but a we can serve program. I have a responsibility. What is your God-given ability for which you are responsible? God is within, calling you to your purpose. Pick up your toolbox and start building a foundation for AA's future.

Kindness, compassion, gentleness, and service—love in you equips you to give freely and love without boundaries. Only when you love freely, with your personality and with your gifts, can freedom be experienced. And that is what people will find captivating.

Am I interested in I or we? I am now more than ever interested in the Eye that sees we.

Up-and-coming functions include the Delegate's report on June 7—details to be announced.

Thank you to those who donated their time last weekend to their foundation and others' future in AA.

In LOVE and service  
debra lyn  
DCMC District 90  
Panel 75



DOWNLOAD THE AAGRAPEVINE APP TO YOUR PHONE

## AAGRAPEVINE

The International Journal of Alcoholics Anonymous

iPhone Users:



Android Users:



### DOWNLOAD THE MEETING GUIDE APP ON YOUR PHONE

Stay connected wherever you go. Find meetings anywhere, anytime. Go to: <https://www.aa.org/meeting-guide-app> to download.



# March Birthdays

## 11th Step Prayer & Meditation

Belyn L.- 6 years

## There Is A Solution

Daphne- 41 years

Dea- 41 years

## On The Rocks

Allen D. - 1 year

Khalil H. -2 years

Danny M. -2 years

Chris S. - 4 years

Anya J. - 5 years

Tim N. - 8 years

Glenn W. -12 years

Lisa C.- 13 years

Mark Q. -13 years

Jill H. - 17 years

Wanda P. - 18 years

Greg M. - 19 years

## Clean & Sober

Patrick- 2 years

## Dying to Get There

Traci M.- 2 years

## Seekers

Pia- 4 years

Cathy C.- 19 years

Laura S.- 26 years

Mark S.- 27 years

## Primary Purpose

Lou- 7 years

## Eye Openers

Leslie- 11 years

## Alano Club

Irina- 7 years

## Group 86

Papa D.- 36 years

## Rio Vista

Rich- 38 years

## TBD

Vivian- 12 years

# happy <sup>sobriety</sup> Birthday

## Women In the Book

Kelly A. - 1 year

Patty G. - 10 years

Cindy G. - 35 years

## Winters Kitchen Table

Dean U.- 1 Year

Daniel E.- 7 years

Matt K.-12 years

Paul K.-27 years

Merry J- 35 years

Matt B.- 36 years

## It's A Good Deal

Dan 2 years

Irene H. 3 years

Maurice L. 4 years

Rachael M. 19 years

Carlton L. 21 years

## HOW Group

Timx H- 26 years

## Easy Does It

Susan- 3 years

Steve D.- 15 years

Keith L.-20 years

## Friday Night Young People

Cody B 4 years

Chris S 4 years

Louise S 7 years

Let us celebrate your Sobriety with you at All Groups Birthday!

Every Last Saturday of the month

425 Hemlock Street

Vacaville CA, 95688

Doors Open at 7:00pm

Meeting at 8:00pm

## HAPPENINGS SUBMISSIONS

EMAIL SUBMISSIONS TO:

[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)

**\*\*Note: Sobriety Birthday Submissions are for the month prior to the month of the issue.\*\***

**Deadline is the 10th of the month by 2pm**

## Intergroup Activity

12 Step Calls	1
Al-Anon Calls	0
Alateen Calls	0
Visitors	120
Workers	53
Sales	27
Information	22



## Board Members and Committee Chairs

Chair	Corinne J.	Office Manager	Tim
Co-Chair	Cathy C.	Literature	Ken M.
Secretary	Josh S.	Meeting Schedules	Vivian K.
Treasurer	Kerry C.	Event Coordinator Chair & Co-Chair	Christina S. Monique G.
Member at Large	Jeannie S.	Marathon Meetings	Ralph M.
Member at Large	Lee W.	Website	Zoey G.
Member at Large	Drew H.	Happenings	Zoey G.

### Service Meetings

**NSIG Delegate Meeting:**  
7pm-3rd Wednesday of each month

**Hospitals and Institutions Meeting:**  
7pm- 2nd Wednesday of each month

**District 90 Meeting:**  
7pm- 1st Wednesday of each month

**Public Information/Cooperation with the Professional Community Meeting:**  
7pm- 1st Thursday of each month

**Bridging the Gap:**  
7pm- 2nd Tuesday of each month

**Literature/Grapevine Meeting:**  
7pm- 4th Thursday of each month

# GROUP CONTRIBUTIONS

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Group Contributions March 2025	Amount
Rio Vista River Rats	16.00
Clean & Sober	161.05
HOW Group	152.60
Group 86	173.55
Tuesday Night Ladies	52.20
Men's Stag	49.00
Lunch Bunch	16.00
Total Group Contributions	<u>620.40</u>

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## THANK YOU FOR SUPPORTING YOUR LOCAL INTERGROUP!

*“Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills, buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Board. If it were not for those entities, many new people would never discover the miracles of A.A.”*

From *Self-Support: Where Spirituality and Money Mix* pamphlet, page 5.

# TREASURER'S REPORT

North Solano Intergroup of AA-Income and Expenses March 2025

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	<u>Mar 25</u>
<b>Ordinary Income/Expense</b>	
<b>Income</b>	
<b>Income</b>	
<b>Group Contributions</b>	620.40
<b>Individual Contributions</b>	43.35
<b>Total Income</b>	<u>663.75</u>
<b>Invoice/Office Sales</b>	
<b>Group Purchase</b>	1,060.74
<b>Individual Purchase</b>	104.51
<b>Total Invoice/Office Sales</b>	<u>1,165.25</u>
<b>Other Types of Income</b>	
<b>Coffee Box</b>	47.25
<b>Rents of IG Office</b>	135.00
<b>Total Other Types of Income</b>	<u>182.25</u>
<b>Total Income</b>	<u>2,011.25</u>
<b>Expense</b>	
<b>Business Expenses</b>	
<b>Business Registration Fees</b>	85.00
<b>Total Business Expenses</b>	<u>85.00</u>
<b>Facilities and Equipment</b>	
<b>Rent</b>	1,700.00
<b>Utilities</b>	289.00
<b>Total Facilities and Equipment</b>	<u>1,989.00</u>
<b>Operations</b>	
<b>Supplies</b>	106.48
<b>Telephone, Telecommunications</b>	387.29
<b>Total Operations</b>	<u>493.77</u>
<b>Sales Inventory</b>	
<b>Literature/Books/Pamphlets</b>	618.50
<b>Recovery Chips</b>	389.40
<b>Sales Tax</b>	748.16
<b>Total Sales Inventory</b>	<u>1,756.06</u>
<b>Total Expense</b>	<u>4,323.83</u>
<b>Net Ordinary Income</b>	<u>-2,312.58</u>
<b>Net Income</b>	<u><u>-2,312.58</u></u>

# UPCOMING EVENTS, ANNOUNCEMENTS & FLYERS

See [aasolanonorth.org](http://aasolanonorth.org)  
for **all** current flyers,  
announcements and  
events!

## Calling all H&I Representatives

**AREA 5**

Invites you to attend



OUR MONTHLY MEETING AT  
413 WILLIAMS ST. VACAVILLE  
2ND WEDNESDAY OF THE  
MONTH AT 7PM

## NEW MEETINGS ALERT

2 NEW AA MEETINGS  
AND 1 ALL RECOVERY  
MEETING HOSTED BY  
THE "HAPPY HOUR  
GROUP" OF NORTH  
SOLANO.

- 1) WEDNESDAY NIGHT  
CHAT 8:30PM
- 2) BACK TO BASICS  
WORKSHOP SUNDAYS AT  
5:30PM

ALL RECOVERY;  
SECOND SATURDAY  
THREE SPEAKER  
MEETING (AL ANON,  
AA, NA) FIRST  
MEETING MARCH 8TH  
DOORS OPEN AT  
6:00PM  
DINNER & 50/50  
RAFFLE

ALL THREE MEETINGS  
ARE HELD AT THE  
ALANO CLUB  
106 PEABODY RD.  
VACAVILLE CA, 95687

## EVENT HOSTS NEEDED

Christina S. and Monique G.  
have stepped up to be NSIG  
Event Coordinators- However,  
Intergroup is asking if there  
are any individuals/groups  
who would like to take on an  
event and host it. **We do  
nothing alone in AA.**

GROUPS ARE NEEDED FOR;

- 1) Halloween Party
- 2) Holiday Party

## BRIDGING THE GAP

BRIDGING THE GAP  
MEETINGS ARE BACK AT  
THE INTERGROUP OFFICE  
AND ARE CURRENTLY IN  
NEED OF BTG REPS FOR  
HOMEGROUPS AND  
VOLUNTEERS.

7PM- 2ND TUESDAY OF  
EACH MONTH

## SUMMER PICNIC

SUNDAY JUNE 8TH  
11AM-4PM  
PENA ADOBE  
HOSTED BY FRIDAY NIGHT  
YOUNG PEOPLE

## HALLOWEEN PARTY

SATURDAY OCT. 11TH  
1875 FAIRFIELD AVE  
FAIRFIELD CA, 94533

## HOLIDAY PARTY

SATURDAY DEC. 20TH  
1000 KENTUCKY ST.  
FAIRFIELD CA, 94533

## INTO ACTION FELLOWSHIP BIRTHDAY NIGHT

Every third Saturday of the  
month. Doors open at  
5:30pm, Potluck at  
6:00pm, Meeting at 7pm

Zoom ID: 821 2943 4002  
PW: SOBERIAF

238 Travis Court  
Suisun City, CA 94585

## NEW LGBTQ+ 12 STEP MEETING

Every 1st and 3rd Sunday at  
7pm at the Solano Pride  
Center. 1234 Empire St,  
Fairfield CA 94533.

## PI/CPC MEETINGS

STARTED UP AGAIN  
THURSDAY FEB. 6TH  
AT THE INTERGROUP  
OFFICE. CONTACT  
LESLIE C FOR INFO:  
707/863-5286

## MEMORIAL DAY MARATHON MEETINGS

MEMORIAL DAY  
MARATHON MEETINGS  
SATURDAY MAY 24TH AT  
6PM-MONDAY MAY 26TH  
AT 6PM AT 413 WILLIAM  
ST.

CONTACT RALPH M. TO  
BE OF SERVICE.  
[Ralph.w.mattice@gmail.com](mailto:Ralph.w.mattice@gmail.com)

Google Sign-up doc located on  
our website [aasolanonorth.org](http://aasolanonorth.org)

## HAPPENINGS SUBMISSIONS

Email submissions to:

[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)

\*\*Note: Sobriety Birthday  
submissions are for the month  
prior to the month of issue!\*\*

**Deadline for birthday  
submissions is the 10th of  
the month by 2pm**

## NORTH SOLANO INTERGROUP EMAIL CONTACTS

**General  
Mailbox-Intergroup Office**  
[nsigmain@att.net](mailto:nsigmain@att.net)

**Intergroup Board of  
Directors**  
[nsigboard@att.net](mailto:nsigboard@att.net)

**Literature Related Info**  
[nsigliterature@att.net](mailto:nsigliterature@att.net)

**Web Chairperson**  
Inquiries/Flyers/  
Announcements  
[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)

## NORTH SOLANO INTERGROUP

413 William St., P.O. Box 2355,  
Vacaville, CA 95696

Main Number: (707) 446-2244

Email:

[nsighappenings@gmail.com](mailto:nsighappenings@gmail.com)

Regular Business Hours:

Monday-Friday 10am-2pm,

Monday 7-9pm



Literature, Birthday chips, etc. available at North Solano Intergroup

Are you a sponsor looking for a birthday chip? Or perhaps you are looking for a book or two to read with a sponsee(s)? Or are you a newcomer looking for Twelve step information? Then stop by the Intergroup Office during business hours to purchase these items and more.

**Monday - Friday 10am-2pm  
Monday Evening 7pm-9pm**

## What is Intergroup?

The North Solano Intergroup of Alcoholics Anonymous is an A.A. service office that involves partnership among groups in a community — just as A.A. groups themselves are partnerships of individuals. It was established to carry out certain functions common to all the groups— functions which are best handled by a centralized office — and it is maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A. message to the alcoholic who still suffers.

Services; AA books for purchase, AA pamphlets for purchase, special order items, AA Meeting Schedules, Happenings Newsletter, 24 Hour Hotline, hosting committee meetings & archives

### *Looking to be of service at NSIG?*

Attend the Delegates meeting on the 3rd Wednesday of the month or contact the Intergroup Chair for service opportunities.



### **Fourth Step Prayer**

***"This is a sick man.  
How can I be helpful to him?  
God save me from being angry.  
Thy will be done."***

The Step 4 Prayer from "How it Works"  
page 66 of the Big Book, Alcoholics Anonymous

*Freedom From  
Bondage Prayer*

**DEAR GOD, I HAVE A RESENTMENT TOWARDS A PERSON THAT I WANT TO BE FREE OF. SO, I AM ASKING YOU TO GIVE THIS PERSON EVERYTHING I WANT FOR MYSELF. HELP ME TO FEEL COMPASSIONATE UNDERSTANDING AND LOVE FOR THIS PERSON. I PRAY THAT THEY WILL RECEIVE EVERYTHING THEY NEED. THANK YOU GOD FOR YOUR HELP AND STRENGTH WITH THIS RESENTMENT.**



# Want to share a story with us?

**North Solano wants to hear it!** Have you recently experienced a spiritual experience? Did you drop a “rock” so to speak? Have you gone on a twelve step call recently? Did you pick up a new sponsor/sponsee? Perhaps you might have just worked the twelve steps for the first time, or maybe even the dozenth time and you want to share your experience, strength and hope with us. If so, and you’d like to share with North Solano, please send a short story (less than 500 words) to [nsighappenings@gmail.com](mailto:nsighappenings@gmail.com) and it could be featured in a Monthly Happenings Report! Please keep the tradition of anonymity in mind as you write your stories. Happy writing!

-Your Happenings Chair,  
Zoey G.

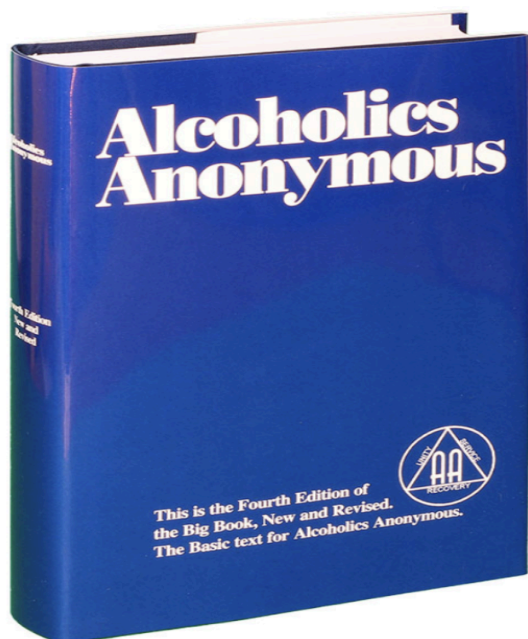
## NSIG HAPPENINGS

VOLUME: 39 ISSUE: XX

WEBSITE: [aasolanonorth.org](http://aasolanonorth.org)

(MONTH) 2025

### —YOUR STORY HERE—



*Alcoholics Anonymous Fourth Edition (2001)*

**Rarely have we seen a person fail who has thoroughly followed our directions.** Those who do not recover are people who cannot or will not completely give themselves to this simple program, usually men and women who are constitutionally incapable of being honest with themselves. There are such unfortunates. They are not at fault; they seem to have been born that way. They are naturally incapable of grasping and developing a way of life which demands rigorous honesty. Their chances are less than average. There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest.

Our stories disclose in a general way what we used to be like, what happened, and what we are like now. If you have decided you want what we have and are willing to go to any length to get it -then you are ready to follow directions.

At some of these you may balk. You may think you can find an easier, softer way. We doubt if you can. With all the earnestness at our command, we beg of you to be fearless and thorough from the very start. Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely.]