



Sacramento Spring Fling 2025



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Pre-Registration is \$40 (\$45 at the door)
Pre-registration is also available online through
PayPal

www.sacspringfling.org

Pre-registration final date is January 31, 2025

Souvenir pre-orders final date is Jan. 19, 2025
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Spring Fling Lineup of Events

Registration Hours:

Friday: 12:00 noon to 8:00 p.m.

Saturday: 9:00 a.m. to 8:00 p.m.

Sunday - Registration closed

NO SAVING SEATS 15 MINUTES PRIOR TO MEETINGS

Friday 2/07/2025

- 12:00 noon: AA Archives (closed during speaker mtgs)
- 3:30 p.m.: Kick-off Speaker: Carrie M, Rancho Murietta
- 5:00 p.m.: Al-Anon Spkr: Yvonne de G., Pacheco, CA
- 7:00 p.m.: AA Speaker: Sheldon F., Las Vegas
- 9:00 p.m.: Comedian Sam Miller (Fundraiser-add'l \$25)

Saturday 2/08/2025

- 10:00 a.m. to 10:00 p.m.: AA Archives (closed during speaker meetings)
- 10:00 a.m.: AA Speaker: Jennifer HK, Plano, TX
- 1:00p.m.: Al-Anon Spkr: John M., San Francisco, CA
- 3:00 p.m.: Young People: Richie B., W. Los Angeles
- 5:30p.m.: Banquet Speaker: Tami P., Sonoma County
- 8:00 p.m.: AA Speaker: Don L., Bellingham, WA
- 10:00 p.m.: Dance and Karaoke

Sunday 2/09/2025

- 10:00 a.m.: AA Speaker: Matthew M., Santa Paula, CA

H&I panels, Al-Anon meetings, Big Book studies, and Marathon meetings are held throughout the weekend.

Sacramento Spring Fling Group of
Alcoholics Anonymous
(with Al-Anon participation)
is hosting the
47th Annual Spring Fling
Conference



February 7,8, 9, 2025

DOUBLETREE BY HILTON
2001 Point West Way
Sacramento, CA 95815
Free Parking

LODGING RESERVATIONS
800-686-3775

MUST BOOK BY JAN. 7th FOR CONFERENCE RATE

REMEMBER

When booking your room:
Please say you're with the

"SACRAMENTO SPRING FLING"

Chairperson: Cathy S. (916) 708-2382
Co-Chair: Austin F. (916) 289-3700
Registration: Text - Cyndi G. (916) 968-3212

Spring Fling Pre-Registration

Pre-Registration is \$40 (\$45 at the door)

AA Registration @ \$40 each = _____

Al-Anon Registration @ \$40 each = _____

Scholarship/Donation \$ _____

AA Banquet _____ @ \$65 each = _____

Al-Anon Banquet _____ @ \$65 each = _____

Banquet Choice:

Salmon _____ Chicken _____ Vegie Pasta _____

Comedian Sam Miller (Friday Night Fundraiser)

_____ tickets @ \$25 each = _____

Yoga (Sat. at 8 am & 10:30 am) \$2 at the event

SOUVENIRS

Please pre-order

Limited souvenirs available at the conference.

Hoodie Zip Up Sweatshirt: _____ @ \$40 each = _____

Circle Size: S M L XL 2X 3X 4X

Crew Neck Sweatshirt: _____ @ \$30 each = _____

Circle Size: S M L XL 2X 3X 4X

Long Sleeve T-Shirt: _____ @ \$20 each = _____

Circle Size: S M L XL 2X 3X 4X

Short-Sleeve T-Shirt: _____ @ \$15 each = _____

Circle size: S M L XL 2X 3X 4X

Tank Top (Unisex) _____ @ \$15 each = _____

Circle Size S M L XL 2X 3X 4X

PLEASE ADD \$3 EACH FOR SIZES 3X AND 4X _____

Souvenir Hat _____ @ \$10 each = _____

Souvenir Tote Bag _____ @ \$12 each = _____

Personalized Souvenir Mugs sold at the conference.

TOTAL AMOUNT ENCLOSED: \$ _____



PLEASE PRINT LEGIBLY:

Name _____

Email _____

Phone Number _____

PLEASE MAKE CHECKS PAYABLE AND MAIL TO:

Sacramento Spring Fling
P.O. Box 661685
Sacramento, CA 95866-1685

Spring Fling 2025

Committee Elections

Thursday, March 6, 2025

6:30 p.m.

**Denny's Restaurant
7900 College Town Drive
(off Howe Avenue)**

Spring Fling



*Language of the
Heart*

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Alcoholics Anonymous
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47th Annual Sacramento Spring Fling



*February 9, 10, 11, 2024
Language of the Heart*

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