



THE NORTH SOLANO INTERGROUP

HAPPENINGS

413 William St., P.O. Box 2355, Vacaville, CA 95696 (707) 446-2244 email: nsigmain@att.net

Regular Business Hours: Monday through Friday 10:00 am to 2:00 pm, Monday 7:00 pm to 9:00 pm

MAY 2020

WEBSITE: WWW.AASOLANONORTH.ORG

VOLUME 34 ISSUE 5

***GOD, GRANT ME THE SERENITY TO ACCEPT THE THINGS I
CANNOT CHANGE, THE COURAGE TO CHANGE THE THINGS I CAN,
AND THE WISDOM TO KNOW THE DIFFERENCE***

The Serenity Prayer is one of my daily prayers but has been a good reminder for me during this COVID-19 pandemic.

The April Delegates meeting was done via Zoom and it went well. We hope to schedule a Intergroup Workshop for the fall. Please submit any ideas for workshop topics to your Intergroup delegate or feel free to contact me. The May 20th Delegates meeting will also be done via Zoom. The Zoom information will be forthcoming to the Delegates and Committee members.

I am still in need of a Website chair. If you are interested or have questions what the job entails please contact me.

The Summer picnic scheduled for June 28th has been rescheduled for Sunday, August 30th. More details to follow in the next few months.

Reminder: if you need literature, books or chips you can contact Carole D. at (707) 761-2842 or (707) 724-3519.

For information about the Roadway to Recovery, the amended Stay at Home health order, social distancing protocol and frequently asked questions about Solano County reopening, visit the website at: www.SolanoCounty.com/COVID19.

Stay safe and healthy. Hopefully we will be able to meet in person soon.

Happy Mother's Day!!

In Unity and Service,

Cathy L.

**NORTH SOLANO
INTERGROUP
EMAIL CONTACTS**

GENERAL MAILBOX
INTERGROUP OFFICE
nsigmain@att.net

INTERGROUP BOARD OF DIRECTORS
nsigboard@att.net

LITERATURE-RELATED INFO
nsigliterature@att.net

THE HAPPENINGS
nsighappenings@gmail.com

NORTH SOLANO
INTERGROUP ONLINE
MEETINGS

VISIT WEBSITE LINK
HERE:

AASOLANONORTH.ORG
/MEETINGS



SERVICE MEETINGS

*TEMPORARILY suspended or
attended via ZOOM until
Shelter-in-Place order is lifted
for Solano County.*

**North Solano Intergroup
Delegates Meeting**

7:00 pm—3rd Wednesday
of each month

Hospitals & Institutions Meeting

7:00 pm—2nd Wednesday
of each month

District 90 Meeting

7:00 pm—1st Wednesday
of each month

**Public Information/Cooperation
with the Professional Community Meeting**

7:00 pm—1st Thursday
of each month

Bridging the Gap Meeting

7:00 pm—2nd Tuesday
of each month

Literature/Grapevine Meeting

7:00 pm—4th Thursday
of each month



MEMORIAL DAY 2020

MARATHON ZOOM MEETINGS

Presented by North Solano Intergroup



ZOOM ID 595 867 0891

May 22 at 6 pm thru
May 25 at 4:30 pm

Zoom meetings around the clock
every hour followed by
30 minute breaks

Please contact James S.
(707)450-8422 to be of
service or for more information.

*We are not CURED of alcoholism.
What we really have is a
DAILY -the sobriety spot
reprieve contingent on the
MAINTENANCE
of our spiritual condition.*

Big Book page 85



NORTH SOLANO INTERGROUP—GROUP CONTRIBUTIONS

APRIL 30, 2020

GROUP	JAN	FEB	MAR	APR	TO DATE
11 th Step Meditation					\$0.00
All Groups Birthday					\$0.00
Are You Serious?					\$0.00
Clean & Sober	\$21.00	\$48.50		\$87.96	\$157.46
Daily Reflections					\$0.00
Dirty Dozen					\$0.00
Dixon Book Study					\$0.00
Dixon Dry Dock					\$0.00
Dixon No Names					\$0.00
Dixon Promises Group				\$33.00	\$33.00
Drop the Rock					\$0.00
Dying To Get There					\$0.00
Easy Does It	\$54.75	\$17.76		\$110.25	\$182.76
Friday Book Study				\$100.00	\$100.00
Friday Night Young People		\$474.21			\$474.21
Got Resentment					\$0.00
Group 86	\$104.74	\$206.69	\$92.86		\$404.29
HOW Group		\$92.98			\$92.98
Into Action Fellowship		\$20.50		\$20.00	\$40.50
It's a Good Deal					\$0.00
Last Call Group					\$0.00
Last House On the Block					\$0.00
Lighthouse Group					\$0.00
Lunch Bunch					\$0.00
Men's Stag		\$28.00	\$53.10	\$10.00	\$91.10
On the Rocks		\$114.02			\$114.02
One Day At a Time					\$0.00
Precisely How Group					\$0.00
Primary Purpose					\$0.00
Really Good Deal					\$0.00
Rio Vista a Way Out					\$0.00
Rio Vista Book Study					\$0.00
Rio Vista Good Orderly Direction		\$200.00		\$200.00	\$400.00
Rio Vista How It Is Now					\$0.00
Rio Vista Men's Stag	\$360.00	\$60.00			\$420.00
Rio Vista Nooners			\$270.00		\$270.00
Rio Vista River Rats					\$0.00
Rio Vista There Is a Solution					\$0.00
Rio Vista Women's Group					\$0.00
Saturday Night Live		\$86.00	\$280.00		\$366.00
Seekers	\$154.12	\$70.39			\$224.51
Serenity					\$0.00
Sober Habits					\$0.00
SOLYPAA					\$0.00
Sunday Eye Openers	\$769.26				\$769.26
There Is a Solution	\$288.00				\$288.00
Tuesday Night Ladies		\$48.60		\$36.22	\$84.82
Twin Cities		\$108.39			\$108.39
Uncertain Steps		\$200.00			\$200.00
Unity Group		\$121.00			\$121.00
VacaValley Alano Club	\$86.25				\$86.25
Winters Kitchen Table	\$135.30				\$135.30
Women In the Book	\$27.00	\$33.00			\$60.00
TOTALS:	\$2,000.42	\$1,930.04	\$695.96	\$597.43	\$5,223.85



NORTH SOLANO INTERGROUP OF AA

APRIL 2020

<u>BOARD MEMBERS</u>		ACTIVITY		<u>COMMITTEE CHAIRS</u>			
Chairperson	CATHY L		12-STEP CALL		Office Manager		CAROLE D
Alternate Chairperson	CHRISTINE Z		ALANON CALLS		Literature Chairperson		DAVE H
Treasurer	DEBBIE M		ALATEEN CALLS		Newsletter Editor		LAUREN S
Secretary	MORGAN B		VISITORS		Meeting Schedules		BILL Mc.
Board Member-At-Large	AKEIDA L		WORKERS		Marathon Meeting Coordinator		JAMES S
Board Member-At-Large	JAMES S		SALES		Event Chairperson		JOANN B
Board Member-At-Large	JANA H		INFORMATION		Website Chairperson		VICKI W
INCOME		APR 20	YTD	EXPENSE		APR 20	YTD
Income				Bank fees and charges			
	Group Contributions	597.73	5,223.85	Contract Services	Business Registration fee	85.00	85.00
	Individual Contribution	4.60	90.90		Accounting Fees		125.00
Total Income		602.33	5,314.75		Outside Contract Services		85.00
Invoice/Office Sales				Total Contract Services		85.00	295.00
	Group Purchase	43.50	1,510.12	Facilities and Equipment			
	Individual Purchase	78.90	496.60		Rent	1,200.00	4,800.00
	Invoice/Office Sales - Other	0.00	0.00		Utilities	258.11	1,133.12
Total Invoice/Office Sales		122.40	2,006.72		Equipment		
Other Types of Income				Total Facilities and Equipment		1,458.11	5,933.12
	Annual Picnic		0.00	Operations			
	Birthday Plan		60.00		Answering Service	250.00	1,000.00
	Business Meeting Donation		100.75		Postage, Mailing Service		154.00
	Christmas Party		450.00		Supplies		461.99
	Coffee Box		65.00		Telephone	202.29	606.87
	Intergroup Events		0.00	Total Operations		452.29	2,222.86
	Marathon Meetings		276.31	Other Types of Expenses			
	Miscellaneous Revenue		44.00		Annual Picnic Expenses	0.00	413.50
	Rents of IG Office	130.00	536.00		Christmas Party Expenses	0.00	
Total Other Types of Income		130.00	1,532.06		Insurance - Liability, D and O	0.00	
TOTAL INCOME		854.73	8,853.53		Intergroup Events Expenses	0.00	
					Other Costs	0.00	
BEGINNING BANK BALANCE	\$10,673.75			Total Other Types of Expenses		0.00	413.50
DEPOSITS	\$854.43			Sales Inventory			
WITHDRAWALS	-\$1,995.40	PRUDENT RESERVE	\$13,100.00		Literature/Books/Pamphlets	0.00	13.43
BALANCE ON HAND	\$9,532.78	**ACCRUED EXPENSES	\$10,974.00		Recovery Chips	0.00	679.17
					Sales Tax	0.00	838.00
	INTEREST			Total Sales Inventory		0.00	1,530.60
**[INSURANCE, TAXES, EVENTS, SALES & LITERATURE, QUICKBOOKS, WINDOWS OFFICE, WEBSITE]				TOTAL EXPENSE		1,995.40	10,395.08
				NET INCOME		-\$1,140.67	-\$1,541.55
Venmo @Debbie-Murphy-63							

APRIL

SO
BR
IE
TY

BIRTHDAYS



Easy Does It

Kevin C. 1 Year
Scot B. 3 Years

Friday Night Young People (FNYP)

Pat R. 1 Year
Sarah M. 1 Year
SC 1 Year

Seekers

Zach H. 1 Year

There is a Solution

Terri B. 9 Years
Maureen M. 31 Years

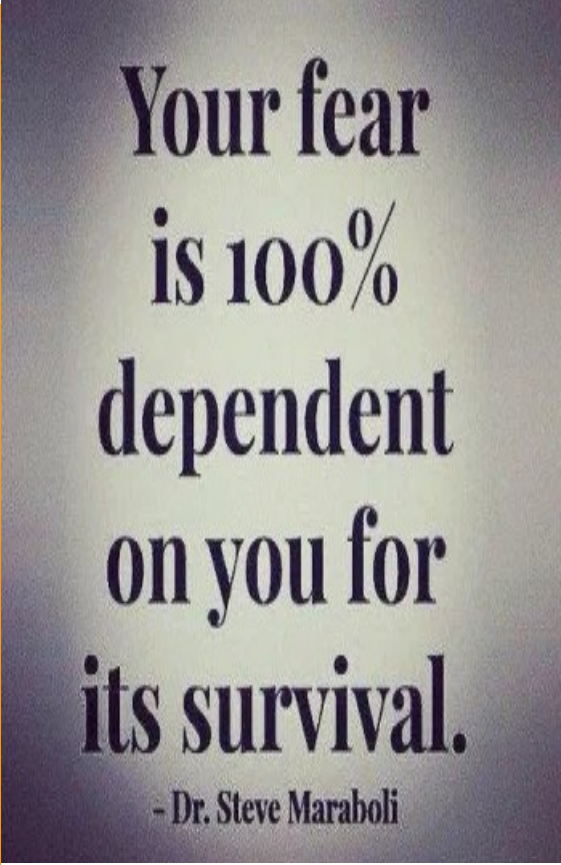
On the Rocks

Ria S. 1 Year
Amanda S. 2 Years
Carrie J. 2 Years
Scot B. 3 Years
Greg R. 5 Years
Lisa D. 5 Years
Jeanette B. 8 Years
Richard A. 11 Years
Will Q. 11 Years
Robert M. 27 Years
Alison B. 36 Years
Gary B. 46 Years



Website Chair Opening

For more information, please contact
Cathy at 707-372-6132



Your fear
is 100%
dependent
on you for
its survival.

- Dr. Steve Maraboli

Happy Joyous Free



I am **RESPONSIBLE** when
ANYONE, ANYWHERE reaches
out for help, I want the **HAND**
OF AA ALWAYS to be there,
and for that
I AM RESPONSIBLE.



NORTH SOLANO
INTERGROUP

SUMMER PICNIC

Sunday, August 30th
More details to follow!

SOS: COVID19

Alcoholics have stayed sober and reached out to fellow sufferers through wars, natural disasters and other calamitous world affairs. The California Northern Coastal Area (CNCA) Archives Claire, Denise G., asked the district archivists to try to chronicle this difficult time we are all going through in real time.

I need your help.

If you can write down your experiences thus far during the pandemic and email them to me that would be great. It can include how your group reacted to the emerging crisis, what steps personally you have taken to bolster your sobriety, your experiences with online meetings or phone meetings, struggles/triumphs you have had--that sort of thing.

Please send your submissions to friendabill@gmail.com

Thanks everyone!
Stay safe and stay sober!
Tony W.
District 90 Archivist

Once upon a time...



Happy Mother's Day

#Sober2020

QUARANTINE DAY 1

QUARANTINE DAY 14



HAVE HOPE
BE STRONG
LAUGH LOUD
LIVE & PLAY HARD
IN THE MOMENT
SMILE OFTEN
BIG
REMEMBER YOU ARE
LOVED
AND NEVER EVER
GIVE UP

Greetings from District 90

We are now into another month of being “Sheltered in Place” and conducting our AA meetings and AA business via online platforms. Although certainly not the ideal, I can share from my personal experience that many of these “new” avenues of gathering and staying connected have been very beneficial and rewarding. I will be attending an AA birthday party soon, and have heard AA speakers from across the nation, all from the comfort of my own home. You have to love technology, as I can’t imagine what we would all be doing without it.

Since my last report, I have attended the DCMC sharing session, the Area Committee Meeting, the Pre-Conference Assembly, our monthly Officer’s meetings and the monthly District meeting. All via online!

I must admit that I was very skeptical about how the Pre-Conference would play out as a virtual event. However, I am happy to report that it was truly amazing! The Area put together some of the very best “techie” alcoholics in our fellowship, and they put on one of the most seamless and smooth online Pre-Conference Assemblies one could ever imagine. This was not only my opinion, but one I have heard over and over from countless others. As many of you already know, the Pre-Con is where we all gather to share our group conscience with our Delegate on the Agenda Topics. This is a 2-day event usually attended by approx. 450 people. It can make for very long days of sitting and listening. In my opinion the online format took away all the other distractions and helped me to focus on just the one person at a time that was sharing. The technology for translations opened the door to really hearing and understanding our Hispanic members as well. I was blown away by many of things I heard from other groups in our vast Area. There were items on the agenda that I had a change of opinion on, just by hearing some of these wonderful thought-provoking group consciences. There are many ways that these new online virtual gatherings may continue to benefit our fellowship going forward. As much as I love the one on one, especially for carrying the message to the new man, online formats can be utilized to bring us closer together and connect with some aspects of our General Service.

It will be interesting to see us all work together as we start to move into another phase of this shut down and begin our adjustment back to live meetings. We will need to stay very mindful of others and to honor the county and state orders, while being aware of our primary purpose.

Like so many of you, I am eager to get back into my normal routines, especially as it pertains to my program of recovery. I am a hugger and I miss my peeps something terrible!! On the flip side though, I have been tapping into a more quiet and relaxed state, and have made some wonderful new connections with others, even at a distance. For me personally, just as we are taught in AA, that this is a “WE” program... I am seeing more clearly how it’s also very much a “WE” world. Be blessed and be safe, as WE all trudge the road to happy destiny.

Yours in Love and Service,

Terri M. DCMC

