



THE NORTH SOLANO INTERGROUP

HAPPENINGS

413 William St., P.O. Box 2355, Vacaville, CA 95696 (707) 446-2244 email: nsigmain@att.net

Regular Business Hours: Monday through Friday 10:00 am to 2:00 pm, Monday 7:00 pm to 9:00 pm

APRIL 2020

WEBSITE: WWW.AASOLANONORTH.ORG

VOLUME 34 ISSUE 4

Greetings from your IG chair!

I truly hope everyone is healthy and being safe by staying home and only going out when necessary.

A lot has happened in the last month. We went from going on about our daily routine to having to Shelter at Home overnight. We were able to physically go to meetings to now having to do meetings on ZOOM. I had some fear about it, as I am not tech savvy, but it wasn't as hard as I thought it would be and it is better than no meeting. I do miss seeing everyone in person and getting my hugs.

It was a difficult decision to have to close the IG office. The Board, Carole and I kept the doors open as long as we could but bottom line, we had to think of everyone's health and abide by the County Shelter At Home order. I want to thank Carole D., Bill Mc, Kevin Mc and Vicki for all their help at the IG office, schedule and Website. As we all know the status of COVID-19 changes on a daily basis, which makes it difficult to keep up.

If you need to purchase literature or chips you can contact (707) 724-3519 or Carole D (707) 761-2842 and someone will meet you at the office.

I hope everyone was able to celebrate Easter with family in some way.

Hopefully it won't be too much longer before we are able to physically attend meetings again. In the meantime, please stay healthy and safe.

In love and service,

Cathy L.



**NORTH SOLANO
INTERGROUP
EMAIL CONTACTS**

GENERAL MAILBOX
INTERGROUP OFFICE
nsigmain@att.net

INTERGROUP BOARD OF DIRECTORS
nsigboard@att.net

LITERATURE-RELATED INFO
nsigliterature@att.net

THE HAPPENINGS
nsighappenings@gmail.com

SERVICE MEETINGS

*TEMPORARILY suspended or
attended via ZOOM until
Shelter-in-Place order is lifted
for Solano County.*

**North Solano Intergroup
Delegates Meeting**

7:00 pm—3rd Wednesday
of each month

Hospitals & Institutions Meeting

7:00 pm—2nd Wednesday
of each month

District 90 Meeting

7:00 pm—1st Wednesday
of each month

**Public Information/Cooperation
with the Professional Community Meeting**

7:00 pm—1st Thursday
of each month

Bridging the Gap Meeting

7:00 pm—2nd Tuesday
of each month

Literature/Grapevine Meeting

7:00 pm—4th Thursday
of each month



NORTH SOLANO INTERGROUP—GROUP CONTRIBUTIONS

MARCH 31, 2020

GROUP	JAN	FEB	MAR	APR	TO DATE
11 th Step Meditation					\$0.00
All Groups Birthday					\$0.00
Are You Serious?					\$0.00
Clean & Sober	\$21.00	\$48.50			\$69.50
Daily Reflections					\$0.00
Dirty Dozen					\$0.00
Dixon Book Study					\$0.00
Dixon Dry Dock					\$0.00
Dixon No Names					\$0.00
Dixon Promises Group					\$0.00
Drop the Rock					\$0.00
Dying To Get There					\$0.00
Easy Does It	\$54.75	\$17.76			\$72.51
Friday Book Study					\$0.00
Friday Night Young People		\$474.21			\$474.21
Got Resentment					\$0.00
Group 86	\$104.74	\$206.69	\$92.86		\$404.29
HOW Group		\$92.98			\$92.98
Into Action Fellowship		\$20.50			\$20.50
It's a Good Deal					\$0.00
Last Call Group					\$0.00
Last House On the Block					\$0.00
Lighthouse Group					\$0.00
Lunch Bunch					\$0.00
Men's Stag		\$28.00	\$53.10		\$81.10
On the Rocks		\$114.02			\$114.02
One Day At a Time					\$0.00
Precisely How Group					\$0.00
Primary Purpose					\$0.00
Really Good Deal					\$0.00
Rio Vista a Way Out					\$0.00
Rio Vista Book Study					\$0.00
Rio Vista Good Orderly Direction		\$200.00			\$200.00
Rio Vista How It Is Now					\$0.00
Rio Vista Men's Stag	\$360.00	\$60.00			\$420.00
Rio Vista Nooners			\$270.00		\$270.00
Rio Vista River Rats					\$0.00
Rio Vista There Is a Solution					\$0.00
Rio Vista Women's Group					\$0.00
Saturday Night Live		\$86.00	\$280.00		\$366.00
Seekers	\$154.12	\$70.39			\$224.51
Serenity					\$0.00
Sober Habits					\$0.00
SOLYPAA					\$0.00
Sunday Eye Openers	\$769.26				\$769.26
There Is a Solution	\$288.00				\$288.00
Tuesday Night Ladies		\$48.60			\$48.60
Twin Cities		\$108.39			\$108.39
Uncertain Steps		\$200.00			\$200.00
Unity Group		\$121.00			\$121.00
VacaValley Alano Club	\$86.25				\$86.25
Winters Kitchen Table	\$135.30				\$135.30
Women In the Book	\$27.00	\$33.00			\$60.00
TOTALS:	\$2,000.42	\$1,930.04	\$695.96	\$0.00	\$4,626.42



SOS: COVID19

Alcoholics have stayed sober and reached out to fellow sufferers through wars, natural disasters and other calamitous world affairs. The California Northern Coastal Area (CNCA) Archives Claire, Denise G., asked the district archivists to try to chronicle this difficult time we are all going through in real time.



I need your help.

If you can write down your experiences thus far during the pandemic and email them to me that would be great. It can include how your group reacted to the emerging crisis, what steps personally you have taken to bolster your sobriety, your experiences with online meetings or phone meetings, struggles/triumphs you have had--that sort of thing.

Please send your submissions to friendabill@gmail.com

Thanks everyone ! Stay safe and stay sober!
Tony W.

HAPPENINGS
SUBMISSIONS!

Email submissions to:

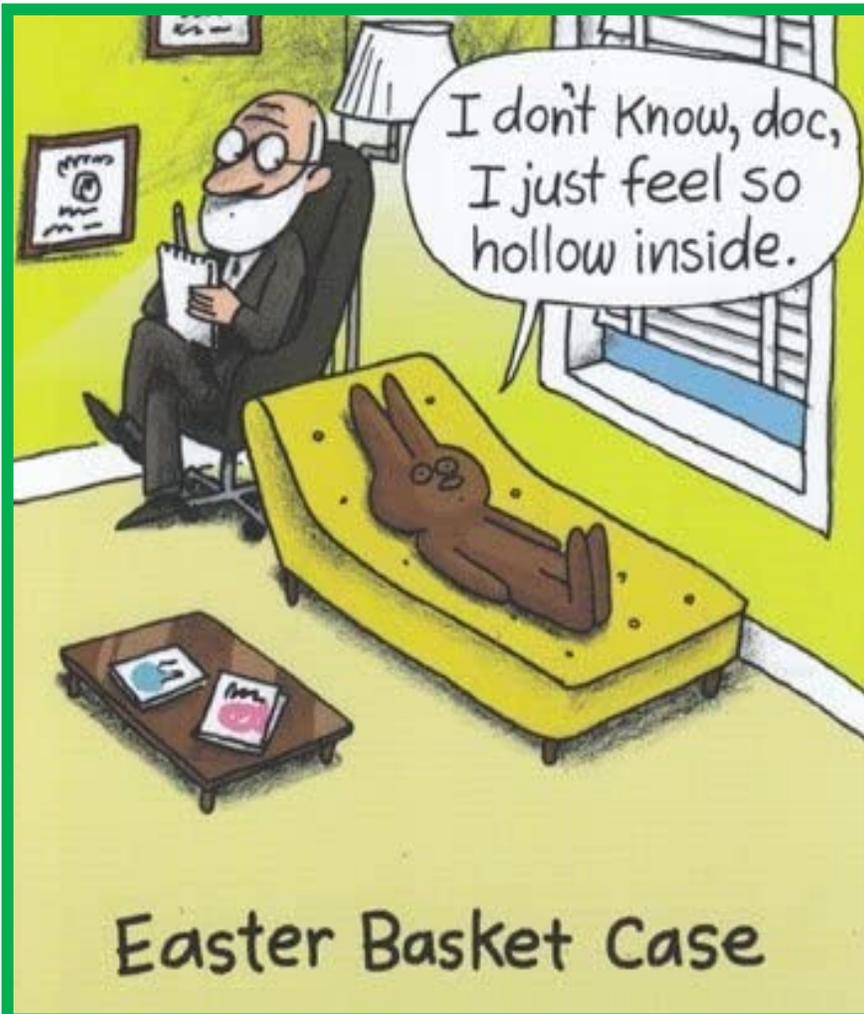
nsighappenings@gmail.com

DEADLINE:

10th OF THE MONTH

BY 2:00 PM

***Note: Sobriety birthday
submissions are for the month
prior to month of issue.***



“I have come to believe that **HARD TIMES** are not just meaningless suffering and that something **GOOD** might turn up at any **MOMENT.**”

Reprinted from Alcoholics Anonymous Big Book, p. 374 with permission of A.A. World Services, Inc.

The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King, Jr.
(quoted by The King Center)

STRONG

WE CELEBRATE YOU!

MARCH SOBRIETY BIRTHDAYS



Group 86

Mike Donato Jr. 26 Years
Mike Donato Sr. 31 Years

Seekers

Josh B. 1 Year
Cathy C. 14 Years
Laura S. 21 Years
Mark S. 22 Years

On the Rocks

Jim K. 2 Years
Tim N. 3 Years
Leslie C. 6 Years
Lisa C. 8 Years
Mark Q. 8 Years
Nate L. 8 Years
Lisa C. 8 Years
Steve M. 9 Years
Susan L. 9 Years
Jennifer H. 10 Years
Jill H. 12 Years

Local Alcoholics Anonymous meetings turn to the internet during the COVID-19 pandemic.

Reprinted from the Daily Republic Local Alcoholics Anonymous meetings turn to the internet during the COVID-19 pandemic by Tony W. March 30, 2020

The stay at home order from California Governor Gavin Newsome which was issued on March 19, had a devastating effect on those working Twelve Step programs to achieve and maintain sobriety. Groups that are no longer able to congregate due to the Corona-virus outbreak scrambled to find a way to stay connect as well as provide a means for newcomers to join them.

They found it on the internet. While there have been numerous web-based recovery meetings for years, with so many people stuck at home the numbers have increased exponentially. The provider of choice appears to be Zoom, an internet videoconferencing company. Before the pandemic broke open, Zoom had approximately 10 million daily users. Almost overnight it exploded into 200 million daily users.

Alcoholics Anonymous meetings that have been around for decades in physical locations now have at least temporarily become online Zoom meetings. Included among them are the Twin City group, the oldest in Fairfield that began in 1956 that usually meets at Grace Episcopal Church on First Street. Also several meetings from Fairfield's Into-Action Fellowship, founded in 1990 in Suisun City, for the time being call cyberspace and not a North Texas Street strip mall home.

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AA in Northern Solano County has operated an office in Vacaville called the Intergroup since the mid-1980's. Long time members worried about the effect closed physical locations would have on newcomers seeking sobriety.

The current volunteer Intergroup office manager (who wished to remain anonymous in reference to the AA tradition of members being anonymous at the press level), detailed the work of the office.

"Our purpose is to be the public face of AA and provide services as directed by our membership. That includes having office hours during the week (the office is temporarily closed now due to COVID-19), publishing a monthly newsletter, having literature and other recovery-related items for sale and putting on special events. We also have an answering service where people can reach us 24 hours a day. It directs people to online resources like our local website and the Alcoholics Anonymous main website and can connect people who think they may have a drinking problem to members who have maintained their sobriety often for decades."

The cancellation of regional events like assemblies as well as the International Convention that was to take place in Detroit in July, coupled with the closed physical meeting spaces, have created challenges for the local recovery community. However, one member with over 25 years of continuous sobriety, and who also wished to be anonymous, remained hopeful.

"The Zoom meetings are not the same as face-to-face meetings, but they are close. I miss hugs and handshakes, but I understand why that is something we just can't do now. The cool thing about Zoom is that you can "go" to meetings all over the world—London, Tel Aviv, Japan and more. Also, people who aren't that tech savvy or who don't have a smart phone can just call in. The best thing is that newcomers are still finding us and getting the support they need to get clean and sober."

Alcoholics Anonymous website:
www.aa.org

North Solano Intergroup website:
www.aasolanonorth.org

North Solano Intergroup phone number:
(707) 446-2244



[NORTH SOLANO INTERGROUP ONLINE MEETINGS](#)

VISIT WEBSITE LINK HERE:

AASOLANONORTH.ORG/MEETINGS

GREETINGS FROM DISTRICT 90

To say we are living in some very interesting times... does not come close to describing what is currently going on around us, not only in our daily lives, but in the fellowship of Alcoholics Anonymous. In my opinion, we are witnessing another "wholesale miracle" as our fellowship has reinvented itself to carry the message to the still suffering alcoholic. As many of you know, Groups, Districts, Areas and Conferences are now being held online. This avenue to stay connected online has been around for many years, but as more and more of us were being told to "Shelter in Place," fast action and a deep sense of desperation has found us all doing lots of face to face meetings in the comfort of our own homes.

This new format has not come without its problems though. Many groups are split on whether or not to stop their live meetings. Many of us are having to get a very quick education in the most currently used software platform to avoid what is now being called "meeting bombers." Lots of groups are choosing the online format for their regular scheduled meeting times, however, new meetings are forming almost around the clock. There seems to be some confusion in regards to our traditions in this new type of meeting format with anonymity. Things are happening so swiftly, that our normal process of taking new ideas very slow and deliberate, to achieve group conscience is being left in the dust.

My hope is that we will all stay grounded in the steps, traditions and concepts of our program, as we connect in these online meetings. Our primary purpose is to carry the message to the still suffering alcoholic. We must always keep in mind the principles over personalities, especially as it pertains to social media, and online formats.

I was reading some really interesting discussions on this after an online Conference. It really gave me pause, as what may seem like such a good idea, as we know, can sometimes "be the enemy of the best." Just food for thought.

As for your District, we are currently utilizing the online format for our business as well. We had our first online meeting at our usual time in April. The meeting was well attended and we will continue staying informed in this manner, until we are given the green light to gather again.

The Area will be hosting an online Pre-Conference Assembly on May 2nd and 3rd. Our Delegate will be attending an online General Service Conference sometime in mid-May. Sadly, the 2020 International Conference in Detroit has been canceled. The next International will be held in 2025.

Please keep reaching out to another alcoholic young and old as often as possible! The good ole fashion telephone can serve as a life line at this time. May you all be well and safe, and I will look forward to being together again in the rooms of AA very soon.

Yours in Love and Service,

Terri M. DCMC

