



31st ANNUAL MEN'S RETREAT

AUGUST 3,4 & 5 2018

Arrive anytime after 8:00 am on Friday, Aug. 4th

Food and Drinks provided, Meals Include:

- Chili, Bread, Salad, fruit
- Pancakes, Eggs, Bacon, Sausage
- Hamburgers, Hot Dogs, Chips
- BBQ & Bake Potatoes, Home Fries
- Corn-on-the-cob, bread, Salad
- Milk, Cookies, snacks

Mail Registration to: 30th Annual Men's Retreat

P.O. Box 663 Vacaville, Ca. 95696

Coordinators: John K. 1-818-266-7411 SHAWN O. 1-707-724-1265

Facility website: <http://napaoutdoors.org/parks/ecocamp-berryessa/>

Address: 7850 Berryessa-Knoxville Road

SHIRTS	COST	S	M	L	XL	XXL	3XL	4XL	TOTAL
REG T SHIRTS	\$19.00					+3.00	+4.00	+5.00	\$
CAMO T SHIRTS	\$23.00					+3.00	+4.00	+5.00	\$
LONG SLEEVE T SHIRTS	\$21.00					+3.00	+4.00	+5.00	\$
LONG SLEEVE CAMO	\$24.00					+3.00	+4.00	+5.00	\$
SLEEVELESS T SHIRTS	\$19.00					+3.00	+4.00	+5.00	\$
TANK TOPS	\$19.00					+3.00	+4.00	+5.00	\$
HOODIE SWEATSHIRT	\$30.00					+3.00	+4.00	+5.00	\$
TOTALS								TOTALS	

MAKE CHECKS PAYABLE TO MEN'S RETREAT

Limited Parking! Please use car pooling when planning your weekend for this Retreat!

Campout Cost Includes all	Meals and Drinks	Total
MEN @ \$75.00 EACH		
BOYS @ \$25.00 EACH		
SHIRTS		

Camp Berryessa is the former Boy Scout Camp located on Lake Berryessa along the east shore of Putah Creek. The lake is approximately 30 miles northeast of Napa. Eco Camp was completed in 2015; features include solar power, showers, and composting toilets, 8 tent cabins with 8 cots per cabin, stone amphitheater, and a canoe / launch.

THE NORTH SOLANO INTERGROUP HAPPENINGS



413 William St. P.O. Box 2355, Vacaville, CA 95696 (707) 446-2244 email: nsigmain@att.net

Regular Business Hours: Monday-Friday 10:00 am to 2:00 pm, Monday 7:00pm -9:00 pm

JULY 2018

WEBSITE: WWW.AASOLANONORTH.ORG

VOLUME 32 ISSUE 7

Happy July

Greetings everyone,

This month I was thinking of Freedom. How great it is to be free from the bondage of alcohol, and self. By admitting I was powerless I gained a new freedom of choice that I hadn't had in such a long time. By the magic of the steps and a spiritual awakening as the results of this program I have a new hope and freedom as long as I continue to not pick up that first drink and stay connected to my higher power. What a beautiful thing the power of choice is. We can go anywhere, do anything, and enjoy life as long as we don't pick up that drink.

I want to thank everyone who came out to the summer picnic. Those who showed up to be of service, and those who came to be a part of. A good time was had by all. Pena Adobe turned out to be a wonderful location. The weather was good, fellowship amazing, and the entire day was a huge success.

Your Intergroup will be having a workshop on 12th step call list training. As I mentioned last month this is a vital service we provide in our area. Many people have not been on a 12th step call and signed up for this workshop at the delegates meeting last month. We welcome all who would like to learn more about the vital service. Whether to be informed of to sign up all are invited to join. The workshop will be Sunday August 19th from 1p.m. to 3p.m. at the Intergroup office. We will have 3 panel speakers to answer any questions you may have. Hope to see you there.

Mark your calendars for December 8th. Our Holiday party is fast approaching. Our event co-ordinator will be looking for people willing to serve. The location will be Ulatis Community center this year.

If you were an Isolated drinker like me, or still find it easier to isolate than join in our fellowship, I say welcome. These events were my first step to enjoying the freedom from the bondage of alcoholism. I hope to see and welcome you at one of our upcoming gatherings.

Happy, Joyous, and Free, Christine Z NSIG Chair

The **Easy Does It** Group of Alcoholics Anonymous hosts

ALL GROUPS BIRTHDAY SPEAKER MEETING

Speaker: Penny P. of Livermore, CA

Where: Presbyterian Church

425 Hemlock St. Vacaville, CA 95688

When: Saturday July 28th @ 8:30pm



**Super Raffle Prize:
SF Giants tickets**



THE TWELVE STEPS

1. I can't
2. God can
3. Let God
4. Look within
5. Admit wrongs
6. Ready self for change
7. Seek God's help
8. Become willing
9. Make amends
10. Daily inventory
11. Pray and meditate
12. Give it away

**HAPPENINGS SUBMISSIONS DEADLINE IS THE
10th OF EACH MONTH AT 2 PM**

*Place legible submissions in the Happenings box
at Intergroup (with contact phone number) or
email them to nsighappenings@att.net.*

NORTH SOLANO INTERGROUP EMAIL CONTACTS

General Mailbox—Intergroup Office--
nsigmain@att.net

Literature-related info —
nsigliterature@att.net

Intergroup Board of Directors—
nsigboard@att.net

Archives —nsigarchives@att.net

SERVICE MEETINGS

*All meetings are held at the
North Solano Intergroup Office*

North Solano Intergroup Delegates meeting
7:00 pm—3rd Wednesday of the Month

Hospitals & Institutions meeting
7:00 pm—2nd Wednesday of each month

District 90 meeting
7:00 pm—1st Wednesday of each month

Public Information/ Cooperation with the
Professional Community meeting
7:00 pm—1st Thursday of each month

Bridging the Gap meeting
7:00 pm—1st Tuesday of each month

Literature/Grapevine meeting
7:00 pm—4th Thursday of each month

*Note: there is no Literature/Grapevine chair
at this time, so there is no meeting.*

NORTH SOLANO INTERGROUP - AGENDA

July 18, 2018

BOARD MEMBERS

Chairperson **CHRISTINE Z.**
 Alternate Chairperson **RALPH M.**
 Treasurer **CAROLE D.**
 Secretary **AMY S.**
 Board Member-At-Large **CORINNE J.**
 Board Member-At-Large **EMILY C.**
 Board Member-At-Large **KELLY H.**

**INTERGROUP ACTIVITIES
DURING CURRENT MONTH**

12-STEP CALL **1**
 ALANON CALLS **0**
 ALATEEN CALLS **0**
 VISITORS **67**
 WORKERS **42**
 SALES **26**
 INFORMATION **6**

COMMITTEE CHAIRS

Office Manager **TIM M.**
 Archive Chairperson **MEGAN P.**
 Literature Chairperson **DAVE H.**
 Newsletter Editor **KATE M.**
 Meeting Schedules **BILL Mc.**
 Marathon Meeting Coordina **AMY R.**
 Event Chairperson **DEBBIE M.**
 District Report _____
 H&I Report _____
 Young Peoples Report _____

**NORTH SOLANO INTERGROUP OF A.A.
2018 STATEMENT OF INCOME & EXPENSE**

	JUN 2018	2018 YEAR TO DATE		JUN 2018	2018 YEAR TO DATE
INCOME:			EXPENSE:		
Group Contributions	\$784.88	\$9,693.26	Events	\$342.74	\$2,423.48
Miscellaneous Contributions	\$224.55	\$2,101.89	Telephone	\$163.62	\$960.19
Individual Contributions	\$10.00	\$72.50	Answering Service	\$250.00	\$1,500.00
Sales (Literature, Chips & Misc	\$1,177.26	\$5,274.29	Rent	\$1,200.00	\$7,200.00
Events	\$1,507.96	\$4,158.96	Insurance	\$550.00	\$550.00
Birthday Contributions		\$143.00	Supplies	\$10.00	\$685.81
Interest	\$0.00	\$0.54	Utilities	\$239.05	\$1,536.10
			Printing	\$39.16	\$261.21
			Literature, Chips & Misc.	\$175.40	\$3,389.37
			Taxes	\$0.00	\$909.00
			Repair/Maintenance	\$0.00	\$110.72
			Miscellaneous	\$20.39	\$550.14
TOTAL INCOME:	\$3,704.65	\$21,444.44	TOTAL EXPENSES:	\$2,990.36	\$20,076.02

BALANCE ON HAND: \$15,934.91
****ACCRUED EXPENSE: \$9,585.00**

FUNDS AVAILABLE (CASH): \$3,249.91

RESERVE FUND: \$3,100.00

** [INSURANCE, PHONE, TELE-SERVICE,
RENT, LITERATURE, UTILITIES & RESERVE]

NORTH SOLANO INTERGROUP - GROUP CONTRIBUTIONS

GROUP	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	TO DATE	DELEGATE ATTENDING
11 th Step Meditation						\$103.00							\$103.00	
All Groups Birthday			\$434.88										\$434.88	
Are You Serious?													\$0.00	
Clean & Sober	\$141.88	\$36.52	\$38.03	\$42.02	\$47.79	\$16.88							\$323.12	Judy F.
Dirty Dozen	\$7.25		\$15.00	\$35.00									\$57.25	
Dixon Book Study					\$20.00	\$15.00							\$35.00	
Dixon Dry Dock	\$600.00												\$600.00	
Dixon No Names		\$400.00											\$400.00	
Dixon Promises Group				\$40.00									\$40.00	
Dying To Get There				\$29.80									\$29.80	
Easy Does It	\$93.75	\$68.00	\$38.10	\$92.70		\$158.75							\$451.30	Joe A.
Friday Book Stucy				\$55.00									\$55.00	
Friday Night Young People	\$47.45				\$70.32								\$117.77	
Got Resentment				\$138.95									\$138.95	Tim M.
Group 86				\$87.17	\$135.83								\$223.00	Ray D.
HOW Group	\$101.31				\$92.54								\$193.85	
Into Action Fellowship													\$0.00	
Last Call Group	\$46.80				\$57.00								\$103.80	
Last House On the Block		\$136.50											\$136.50	
Lighthouse Group													\$0.00	
Lunch Bunch	\$441.32			\$516.27									\$957.59	
Men's Stag	\$176.59	\$50.08	\$116.05	\$123.00	\$150.76								\$616.48	Michael W.
On the Rocks	\$196.61			\$133.34	\$250.17	\$85.42							\$665.54	Lauren S.
One Day At a Time													\$0.00	
Precisely How Group													\$0.00	
Primary Purpose													\$0.00	
Rio Vista a Way Out													\$0.00	
Rio Vista Book Study													\$0.00	
Rio Vista Good Orderly Direction				\$315.00									\$315.00	Linda D.
Rio Vista How It Is Now	\$10.00		\$8.00		\$11.00								\$29.00	
Rio Vista Men's Stag													\$0.00	
Rio Vista Nooners					\$300.00								\$300.00	
Rio Vista River Rats	\$90.00												\$90.00	
Rio Vista There Is a Solution													\$0.00	
Rio Vista Women's Group				\$150.00									\$150.00	
Saturday Night Live		\$87.25	\$115.50			\$147.35							\$350.10	
Seekers		\$78.09	\$183.63		\$295.35								\$557.07	
Serenity													\$0.00	
Sunday Eye Openers	\$442.36			\$511.00									\$953.36	
There Is a Solution				\$168.00									\$168.00	
Tuesday Night Ladies		\$42.25		\$97.53									\$139.78	Debbie M.
Twin Cities	\$21.55	\$127.76	\$69.10	\$102.54	\$99.64	\$40.84							\$461.43	
Unity				\$151.80		\$130.20							\$282.00	
Winters Kitchen Table	\$74.70			\$52.55									\$127.25	
Women In the Book						\$87.44							\$87.44	Kelly H.
TOTALS:	\$2,491.57	\$1,026.45	\$1,018.29	\$2,841.67	\$1,530.40	\$784.88	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$0.00	\$9,693.26	

JUNE AA BIRTHDAYS!

INTO ACTION FELLOWSHIP

Corinne J. 4 years, Beverly C. 13 years, Deb S. 6 years, Denise 1 year, Katie S. 25 years,

**Kevin C. 1 year, Jimmy B. 11 years, Tony W. 26 years, Paula 34 years, Norma 17 years,
Donna 11 years**

ON THE ROCKS

Heidi H. 29 years, Beverly 13 years, Donna C. 11 years, Jimmy B. 11 years

TWIN CITIES

Wanda C. 23 years, Paula B. 6 years

WOMEN IN THE BOOK

Pat K. 13 years, Lyn H. 24 years

MEN'S STAG

Gene K. 37 years, Mark F. 8 years, Alex R. 2 years, Thomas L. 1 year

TUESDAY LADIES

Jessica F. 6 years, Kerstin C. 9 years



DISTRICT COMMITTEE MEMBER CHAIR REPORT— JULY 2018

The Summer Assembly is coming up on Saturday, August 11th at the Fortuna River Lodge, 1800 Riverwalk Drive in Fortuna. Members from District 90 are headed up in a van to feast on the fellowship and bring back a heapin' helpin' of helpful info on a variety of topics that will be presented in the interactive workshops.

Have you ever wanted to visit the General Service Office in New York? Well, the General Service Office— or at least many of the staff—are coming to you! The Pacific Regional Forum will be held September 7th-9th at the DoubleTree by Hilton in San Jose.

Regional Forums originated in 1975 at the suggestion of Dr. Jack Norris, then Chair of the General Service Board of Alcoholics Anonymous. They were to be weekend sharing and informational sessions designed to help the General Service Board, A.A. World Services, Inc., the Grapevine Corporate Board, the Grapevine Staff, and the General Service Office Staff stay in touch with A.A. members, trusted servants and newcomers to service throughout the A.A. service structure.

To register online (there is no cost), visit: <https://goo.gl/uVzvXf>

SAVE THE DATE! The District 90 40th Anniversary Extravaganza will be Saturday, September 29th, 2018 at the Fairfield Church of Christ, 2200 Fairfield Avenue in Fairfield. Local history, service, food, fellowship, fun will be served up and we will present the West Coast revival of the hilarious skit "The Sponsoring Game." You DO NOT want to miss this one-night-only event!

District 90 appreciates all the groups that support our endeavors with your 7th Tradition contributions. We are completely phasing out the use of the U.S. Mail P.O. Box in Vacaville by the end of this panel and have been and will be using the Intergroup Office's mailboxes in the back room.

This is important—we need your help to avoid confusion between checks meant for District 90 and checks meant for the North Solano Intergroup.

If you are dropping off a group check meant for District 90 please make it payable to "North Solano Service Committee" and let the office workers—either in person or with a note know that it is for District 90.

If you mail a check, please write "District 90 c/o North Solano Intergroup" on the envelope.

Thanks so much and again thanks for the ongoing support.

Is sobriety awesome or what?

Thanks for letting me serve,

Tony W.